

Women's Mental Health and Reproductive Psychiatry Fellowship
Women's College Hospital, University of Toronto, Department of Psychiatry

This fellowship in Women's Mental Health and Reproductive Psychiatry in the Reproductive Life Stages Program at Women's College Hospital (WCH) is a one-year academic fellowship (clinical and/or research) that provides advanced training in women's mental health. This program builds upon the strengths of WCH through an emphasis on the assessment and treatment of psychiatric symptoms linked with female reproductive cycle transitions and gender-linked trauma. Fellows receive didactic teaching, supervision, and clinical experience treating psychiatric disorders and psychological distress in women across the reproductive life cycle, including perinatal depression, anxiety and other disorders, premenstrual dysphoric disorder, perimenopausal depression, and issues arising from trauma and related to parenting. Fellows gain experience in an outpatient treatment setting, working collaboratively with a multidisciplinary team. Fellows have the opportunity to receive supervision in providing short term treatment to complex patients, including specialized individual and group therapy with perinatal populations. Supervision is with expert faculty in the RLS program at WCH. Fellows may also have the opportunity to teach junior learners and, if they chose, can work closely with research faculty conducting ground-breaking research in reproductive mental health. In addition, coordinated fellowships have been organized in the past, including with the Hospital for Sick Children.

We have a limited number of fellowship spots and the number of fellowship positions varies from year to year according to supervisor availability and total number of learners in the clinic. It is recommended that prospective fellows begin the application process at least one year prior to the July 1 annual start date.

Eligibility:

- Completion of accredited psychiatric residency training program.
- Strong clinical and academic skills, and demonstrated interest in pursuing a career related to women's reproductive mental health.

Applicants for the fellowship should submit:

- o CV
- o A brief personal statement (which explains your interest in this fellowship and women's mental health)
- o Medical school transcript
- o 2-3 three letters of reference (to be emailed directly by the writers).
- In conjunction to WCH's fellowship application process, applicants will need to review the University of Toronto's Fellowship Application process, including details regarding funding for your fellowship. For more information please visit their website:

<https://www.psychiatry.utoronto.ca/apply-fellowship-program>

For more information, please contact:

1. Jovana Martinovic, MD, FRCPC Psychiatrist, Reproductive Life Stages Program Fellowship and Faculty Development Lead, Department of Psychiatry Women's College Hospital 76 Grenville St. Toronto ON M5S 1B2 Jovana.Martinovic@wchospital.ca	2. Irene Yacoub Academic and Education Coordinator Women's Mental Health Department Women's College Hospital 76 Grenville St. Toronto ON M5S 1B2 Tel: 416-323-6400 ext 5730 Irene.Yacoub@wchospital.ca
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