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|  | **Trillium Health Partners –**  **Credit Valley Hospital**  2200 Eglinton Avenue West  Mississauga, ON  L5M 2N1  Tel: 905-813-3871 | **Dr. Diana Nicolici** Interim Postgraduate Medical Education Lead, Trillium Health Partners  diana.nicolici@trilliumhealthpartners.ca  **Dr. L. Peltz** Child Psychiatrist Supervisor [louis.peltz@trilliumhealthpartners.ca](mailto:LPeltz@cvh.on.ca)  **Dr. J. Beard**  Child Psychiatrist Supervisor Jonathan.Beard@trilliumhealthpartners.ca |

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| **HOSPITAL OVERVIEW** |

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The Credit Valley Hospital and Trillium Health Centre offers psychiatric residents clinical experience in a community-based mental health clinic.

The Department of Child and Family Services at Trillium Health Partners, CVH site, provides a comprehensive multidisciplinary approach to outpatient assessment and management of mental health concerns for children, adolescents and their families. Services are provided to patients and their families in a multidisciplinary fashion, using collaborative approaches of psychiatry, occupational therapy, psychology, speech and language pathology, and social work, with liaison to community resources and support within the schools. The resident, in addition to outpatient services, may also be able to participate in Consult Liaison opportunities to the inpatient wards, for child and adolescent patients with comorbid medical and psychiatric conditions. All Child and Adolescent Psychiatric care is now delivered at the Credit Valley Site.

The outpatient Child and Family Services Clinic at THP offers a variety of services, including:

* Psychiatric consultation
* Psychopharmacologic treatment and follow-up
* Multidisciplinary assessment for pervasive developmental disorders
* Individual therapy (Cognitive Behavioural therapy, Supportive Therapy)
* Family Therapy (Solution-focused family therapy)
* Group therapy (CBT for children and their families, OCD parent education group, Selective Mutism parent group, Supportive therapy for parents, Therapeutic Run Program for Adolescents with anxiety and depression, Mindfulness-based Stress Reduction Group for Adolescents)
* Speech and Language pathology

**Rounds:**

1. Grand Rounds are offered once per month.
2. Child and Family rounds, with clinical case discussion, occur on a weekly basis
3. CAMH (The Centre for Addiction and Mental Health University of Toronto) Mental Health Grand Rounds are offered weekly

**Supervision:**

Psychiatric staff at Trillium Health Partners hold faculty appointments at the University of Toronto. The supervisors offer clinical expertise in a wide variety of mental health concerns facing children and adolescents, including mood and anxiety disorders, psychopharmacological management, neuropsychiatry, and developmental disorders. Students will be assigned supervision to one or more of the psychiatry staff. Students will partake in psychiatric consultation with observed supervision, and will be provided clinical cases for assessment and management, with supervision.

**Potential Supervisors:**

*Single-Sited at Credit Valley Hospital*

* Dr. Louis Peltz Primary Supervisor, Residents & Staff Psychiatrist
* Dr. Karen Petruccelli Staff Psychiatrist
* Dr. Jonathan Beard Transitional Aged Youth Program, Specialized Classroom for youth with mental health concerns, Child and Adolescent Services, Staff Psychiatrist

**Teaching:**

Residents will have the opportunity to participate in medical student teaching offered at both sites.