

PGY2 SAMPLE LEARNER SCHEDULE FOR PSYCHIATRY

MONTHS	July	August	September	October	November	December	January	February	March	April	May	June	Longitudinal (July 1 to June 30)
STAGE	Foundations of Discipline (FOD)												
ROTATION ¹ (Sites)	Child and Adolescent Psychiatry (CAMH, HRRH, HSC, MGH, NYGH, SCCMH, SHSC, SJHC, Youthdale, WCH)				General Inpatient Psychiatry (CAMH, MSH, SJHC, SMH, SHSC, UHN)			Addictions Psychiatry (CAMH, SMH, SHSC)	PLEX (Multi site)	LAE 2 ² (CAMH, MSH, SJHC, SMH, SHSC, UHN, WCH)	Psychiatry Call (Multi site)	Psychotherapy ³ (Multi site)	
ASSESSMENTS	<p>PRIORITY</p> <p>EPAs</p> <p>COD2 Children and Youth</p> <p>COD4 Formulation</p> <p>COD8 Psychopharmacology</p> <p>Other</p> <p>ITAR</p> <p>Grand Rounds (once a year)⁴</p> <p>Self-Reflection Form⁵</p> <p>COPE Exam⁶</p> <p>AS ABLE</p> <p>EPAs</p> <p>FOD1 Medical Presentations</p> <p>FOD3 Management Plans</p> <p>FOD4 Risk Assessment</p> <p>FOD5 Critical Appraisal</p> <p>OPTIONAL</p> <p>EPAs</p> <p>COD6-A Psychotherapy Modality</p> <p>COD6-C Integrating Psychosocial Skills</p>				<p>PRIORITY</p> <p>EPAs</p> <p>COD7-A Neurostimulation: Suitability</p> <p>COD7-B Neurostimulation: Delivery</p> <p>COD9 Legal</p> <p>Other</p> <p>ITAR</p> <p>STACERs⁷</p> <p>Grand Rounds (once a year)</p> <p>AS ABLE</p> <p>EPAs</p> <p>FOD1 Medical Presentations</p> <p>FOD2 Performing Psychiatric Assessments</p> <p>FOD3 Management Plans</p> <p>FOD4 Risk Assessment</p> <p>FOD5 Critical Appraisal</p> <p>OPTIONAL</p> <p>EPAs</p> <p>COD8 Psychopharm</p> <p>COD10 Teaching</p>			<p>PRIORITY</p> <p>Other</p> <p>ITAR</p> <p>STACERs (see footnote 5)</p> <p>Grand Rounds (once a year)</p> <p>Self-Reflection Form (see footnote 4)</p> <p>AS ABLE</p> <p>EPAs</p> <p>FOD1 Medical Presentations</p> <p>FOD2 Performing Psychiatric Assessments</p> <p>FOD3 Management Plans</p> <p>FOD5 Critical Appraisal</p> <p>OPTIONAL</p> <p>EPAs</p> <p>COD8 Psychopharm</p> <p>COD10 Teaching</p>	<p>PRIORITY</p> <p>Other</p> <p>ITAR</p> <p>STACERs (see footnote 5)</p> <p>Grand Rounds (once a year)</p> <p>Other</p> <p>PGCorEd Modules⁸</p> <p>AS ABLE</p> <p>EPAs</p> <p>Applicable FOD EPAs</p> <p>OPTIONAL</p> <p>EPAs</p> <p>Applicable COD EPAs</p>	<p>PRIORITY</p> <p>Other</p> <p>ITAR</p> <p>STACERs (see footnote 5)</p> <p>Grand Rounds (once a year)</p> <p>AS ABLE</p> <p>EPAs</p> <p>FOD2 Performing Psychiatric Assessments</p> <p>FOD3 Management Plans</p> <p>FOD4 Risk Assessment</p> <p>FOD5 Critical Appraisal</p> <p>OPTIONAL</p> <p>EPAs</p> <p>COD1 Comprehensive Plans</p> <p>COD4 Formulation</p> <p>COD6-A Psychotherapy Modality</p> <p>COD6-C Integrating Psychotherapy Skills</p> <p>COD8 Psychopharm</p> <p>COD9 Legal</p>	<p>PRIORITY</p> <p>EPAs</p> <p>FOD4 Risk Assessments</p> <p>COD9 Legal</p> <p>AS ABLE</p> <p>EPAs</p> <p>FOD1 Medical Presentations</p> <p>FOD2 Performing Psychiatric Assessments</p> <p>FOD3 Management Plans</p> <p>OPTIONAL</p> <p>EPAs</p> <p>COD5 Emergencies</p> <p>COD8 Psychopharm</p>	<p>AS ABLE</p> <p>EPAs</p> <p>COD6-A Psychotherapy Modality</p> <p>COD6-C Integrating Psychotherapy Skills</p> <p>Other</p> <p>ITAR for each modality</p>	
<p>View PGY2 EPA Rotation Cards</p> <p>View PGY2 EPA Map</p> <p>View Overall EPA requirements</p> <p>Generally residents should aim to attempt at least 1 EPA a week, and 1 EPA every other week during LAE2.</p>													

¹ **Rotation order** shown is a sample and rotations may appear in a different sequence.

² **LAE2** (Longitudinal Ambulatory Experience 2) is a once a week, full-day experience in PGY2.

³ Refer to Psychotherapy Training Requirements on [Quercus](#) > PGY1-5 Schedules and Documents > Psychotherapy

⁴ **Grand Rounds:** Residents are required to present once in PGY2. This should be arranged at the LAE site, preferably in the first 6 months.

⁵ **Self-Reflection Form:** This is a mandatory requirement and residents will be asked to submit this prior to each Psychiatry Competence Subcommittee review. Typically submission to be done in October and April.

⁶ **COPE Exam** is offered once a year and has typically occurred in the Fall but the timing of the exam is subject to change.

⁷ **PGY2 STACER Requirements:** 4 practice STACERs + 1 successful General STACER. Practice STACERs are arranged at the core rotation sites throughout the year except during the Child and Adolescent rotation. The General STACER is typically scheduled between April-May. Residents should connect with their Site Director to arrange practice STACERs.

⁸ **PGCorEd Modules:** most be completed before the end of PGY2.

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STAGE	Foundations of Discipline (FOD)															
ROTATION ¹ (Sites)	Child and Adolescent Psychiatry (CAMH, HRRH, HSC, MGH, NYGH, SCCMH, SHSC, SJHC, Youthdale, WCH)				General Inpatient Psychiatry (CAMH, MSH, SJHC, SMH, SHSC, UHN)				Addictions Psychiatry (CAMH, SMH, SHSC)		PLEX (Multi site)		LAE 2 ² (CAMH, MSH, SJHC, SMH, SHSC, UHN, WCH)		Psychiatry Call (Multi site)	Psychotherapy ³ (Multi site)
REQUIRED TRAINING EXPERIENCES View the Royal College Training Experiences document	Clinical COD 1.1.2 Child and/or Adolescent Psychiatry COD 1.1.7.5 Developmental Disorders FOD 3.7.2 Family or group therapy				Clinical FOD 1.1.2 Adult inpatient				Clinical FOD 1.5.1 Addictions		RTEs will depend on PLEX		Clinical FOD 1.1.1 Adult outpatient FOD 5.3. Longitudinal psychiatry clinic		FOD 1.1.3 Emergency, including after-hours coverage	Clinical FOD 1.1.1 Adult outpatient FOD 3.7.1 Cognitive Behavioural Therapy FOD 3.7.2 Family or group therapy FOD 3.7.3 Psychodynamic Therapy
OTHER TRAINING EXPERIENCES ⁹	<ul style="list-style-type: none"> Core Curriculum Psychopharmacology Days¹⁰ LAE2 Meet with Coach¹¹ 				<ul style="list-style-type: none"> Core Curriculum LAE2 Meet with Coach (see footnote 9) 				<ul style="list-style-type: none"> Core Curriculum LAE2 Meet with Coach (see footnote 9) 		<ul style="list-style-type: none"> Core Curriculum LAE2 Meet with Coach (see footnote 9) 					PGY2 CBT Seminar Series
PSYCHIATRY COMPETENCE SUBCOMMITTEE (PCS) DATES				Data cut: Oct 24, 2021	PCS Review: November					Data cut: Apr 10, 2022	PCS Review: May					

For reference 2021-2022 PGY2 block dates are as follows:

- | | |
|------------------------------|------------------------------|
| 1. July 1 to August 1 | 7. January 3 to January 30 |
| 2. August 2 to August 29 | 8. January 31 to February 27 |
| 3. August 30 to October 3 | 9. February 28 to March 27 |
| 4. October 4 to October 31 | 10. March 28 to April 24 |
| 5. November 1 to November 28 | 11. April 25 to May 29 |
| 6. November 29 to January 2 | 12. May 30 to June 30 |

⁹ Core Curriculum is tied to a core rotation i.e. Inpatient residents will only attend Inpatient teaching. Note: Addictions/PLEX residents attend Addictions teaching over the span of 4 months. Please refer to [Quercus](#) for schedules.

¹⁰ PGY2 Psychopharmacology Day 1 and 2 is scheduled on September 8 and 17, 2021 from 9am to 1pm. All PGY2s are required to attend regardless of their rotation.

¹¹ Coaching: The program recommends residents connect with their coach q2months i.e. August, October, December, February, April, and June. The frequency of meetings can be titrated up or down based on the needs of the resident.