

Psychiatry: Core EPA # 1

Developing comprehensive treatment/management plans for adult patients

Key Features:

- This EPA focuses on performing a psychiatric assessment, using psychological and neurobiological theories of psychiatric illness and personality development to guide the biopsychosocial interview, and gathering pertinent patient information in adult patients of medium to high complexity.
- This also includes synthesizing the information to develop a differential diagnosis and a comprehensive treatment/management plan that integrates psychopharmacology, psychotherapy, neurostimulation and social interventions, as appropriate.
- This EPA does not include delivery of the management plan.

Assessment plan:

Direct observation, case discussion and/or review of consult letter or other documents by psychiatrist/psychiatric subspecialist, TTP psychiatry resident, psychiatry fellow, Core/TTP psychiatry subspecialty resident, psychiatry subspecialty fellow

Use Form 1. Form collects information on:

- Setting: emergency; inpatient unit; consultation liaison; outpatient
- Case type (select all that apply): anxiety disorder; major depressive disorder; bipolar disorder; personality disorder; psychotic disorder; substance use disorder; intellectual disability; autism spectrum disorder; trauma; other
- Complexity: low; medium; high
- Observation (select all that apply): direct; case discussion; review of clinical documents

Collect 8 observations of achievement

- At least 2 emergency
- At least 2 inpatient
- At least 2 outpatient
- At least 2 consultation liaison
- At least 2 psychotic disorders
- At least 1 substance use disorder
- At least 1 anxiety disorder
- At least 1 history of trauma
- At least 1 major depressive disorder
- At least 1 bipolar disorder
- At least 1 personality disorder
- At least 1 intellectual disability/ autism spectrum disorder comorbidity
- At least 3 high complexity

ENTRUSTABLE PROFESSIONAL ACTIVITIES FOR PSYCHIATRY (2020)

- At least 5 direct observations with review of documentation
- At least 4 different observers
- At least 3 by psychiatrists

Relevant Milestones:

- 1 **ME 1.3** Apply knowledge of diagnostic criteria for mental health disorders
- 2 **ME 2.1** Consider clinical urgency, feasibility, availability of resources, and comorbidities in determining priorities to be addressed
- 3 **ME 2.2** Perform a psychiatric assessment, including a focused physical exam
- 4 **ME 2.2** Select appropriate investigations and interpret their results
- 5 **ME 2.2** Synthesize biological, psychological, and social information to determine a diagnosis
- 6 **ME 2.3** Establish goals of care
- 7 **ME 2.4** Develop and implement management plans that consider all of the patient's health problems and context
- 8 **ME 3.1** Integrate all sources of information to develop a procedural or therapeutic plan that is safe, patient-centred, and considers the risks and benefits of all approaches
- 9 **COM 1.6** Tailor approaches to decision-making to patient capacity, values, and preferences
- 10 **COM 3.1** Convey information on diagnosis and prognosis in a clear, compassionate, respectful, and objective manner
- 11 **P 1.1** Exhibit appropriate professional behaviours