

Elentra Update!



We have finished entering 4,300+ EPAs into Elentra! Thank you to our residents and faculty for their patience and cooperation in receiving an influx of email notifications. Residents should check and

flag any discrepancies for Tammy (tammy.mok@utoronto.ca).

Looking ahead to the Fall Competence Committee Meetings



The top 2 things that residents should do to prepare:

- **Complete the mandatory CBD Professional Development Self-Assessment Form.** See below for more details!
- **Book time with your coach the week of November 2** to go over the data the Psychiatry Competence Subcommittee (PCS) will be reviewing in November.

Important Dates



- **October 1:**
 - Mandatory CBD Professional Development Self-Assessment Form to be circulated to all Residents
 - Optional Coach Feedback Form to be circulated to all faculty coaches
- **October 18:** Assessment data cut – this includes EPAs, STACERs, ITERs/ITARs, and other assessment data sources.

Calling all PGY1s...



The best way to prepare for your very first competence committee review is to...

❶ **Aim to complete your TTD1 and TTD2 requirements** before October 18. The Committee would like to progress PGY1s from the TTD stage to Foundations.

❷ **Don't forget you can attempt EPAs during Off-service rotations!**

We recommend that you focus on the off-service EPA **FOD1: Assessing, diagnosing and participating in the management of patients with medical presentations relevant to psychiatry.** We have created rotation cards and an EPA Map to help guide on you on the EPAs you are more likely to attempt or encounter on a specific rotation.

- [PGY1 Rotation Cards](#)
- [PGY1 EPA Map](#)

Remember, any EPA can be attempted on any rotation!

- **October 23:** Submission deadline for CBD Professional Development Self-Assessment Form and Coach Feedback Form
- **Week of November 2:** release of resident packages to PCS file reviewers. For the first time, we will also be releasing the same information to residents and coaches.
- **November 11-19:** Competence Subcommittee meetings
- **Early December:** Release of PCS reports to residents and coaches

Want more information on the PCS? Take a look at our [August 2020 CBD Newsletter](#) for more information!



CBD Professional Development Self-Assessment Form

The CBD Professional Development Self-Assessment Form was developed to provide an opportunity for self-reflection around professional growth for residents. This form will be included as part of your resident file and is mandatory. It will be used as a means of evaluating your developmental trajectory, in the context of other assessment data. We have also included an opportunity to discuss your goals with your coach. Benefits may include recruiting faculty support or mentorship toward achieving your goals.



Our August EPA Numbers are in! Each winner will receive a Tim Horton's gift card.

- **PGY1:** Emily Yung & Julia Olioff had the most EPAs completed with 11 submissions each!
- **PGY2:** Daniel Hughes had the most EPAs completed with 12 submissions!
- **PGY3:** Anthony Maher had the most EPAs completed with 12 submissions!
- **PGY4:** Brett Jones had the most EPAs completed with 3 submissions!



EPA FAQs

Q: Do all the milestones in an EPA need to be addressed at the time of an encounter?

A: No – if a resident is entrusted with an EPA then it is assumed that the component milestones are achieved. If a resident receives an overall entrustment rating of Intervention, Direction or Support on an EPA, the assessor can use the milestones to help unpack the EPA and flag potential areas of improvement.

Q: How do I determine if a resident is entrustable with the EPA they just attempted?

A: We recommend using two key measures to determine entrustability:

- ❶ **Can the resident complete the task competently (safely, not perfectly or excellently)?**
- ❷ **Can the resident complete this task alone?** i.e. You would have felt comfortable leaving the resident entirely on their own to complete the task

CBD Update June 4, 2020 Materials

Materials and video recordings from our June 4th update are now available! Please visit: <https://utoronto.sharepoint.com/sites/med-PsychCBD>

Resources include:

- CBD: Introduction to Elentra
- In-Training Assessments Reports (ITARs)
- Competency Subcommittee/Coaching
- Competency By Design Update
- Giving Feedback in the CBD Era
- Longitudinal Ambulatory Experience
- Psychotherapy and CBD

If you cannot access the materials, please connect with ben.gane@utoronto.ca