



DEPARTMENT OF PSYCHIATRY CBD NEWSLETTER

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Message from our Associate Program Director, CBD



Dear Resident and Faculty Colleagues,

These are strange and terrible times. Things like EPAs, milestones and competence committees may seem non-essential when your clinical work has significantly shifted, and you may be contemplating redeployment (or have been redeployed already). Specific to our CBD pilot, the idea of sharing one's phone, tablet or keyboard for the purpose of assessment is no longer safe, and yet

the PsychRocks app is easiest to use with that kind of sharing.

We understand this.

As we result, we have adjusted our expectations, and in the meeting of our next competence committee, EPAs alone will not be the factor that decides on resident progression (see below). If residents are able and would like to continue to collect EPAs, they should be asking their assessor for feedback, and **entering the entire** assessment into the tool themselves. The assessor will receive an automatic email notice that this occurred, with the details, as a check to ensure that the data is accurate.

On July 1, 2020, when we transition to Elentra, both faculty and all residents will have access to the tool through their U of T login, and so this it will be easier to move forward (and hopefully the pandemic will have quieted, and residency returned to a new-ish normal).

We are continuing to move forward with preparations for a transition to Elentra and the Royal College EPAs, and have a variety of offerings to educate you about what that will entail. We hope you have the space in your schedule to join us for one of them, or to watch one from home at your leisure.

If you are a resident or coach, you will have received your Tableau dashboard to review your progress. Please connect so that there are no surprises as to what is being discussed at the competence committee. Our aim is for transparency and equity.

As always, please reach out with any questions, comments or constructive criticism.

And stay safe,

Sarah

You + EPAs +

COVID-19



Residents will not be penalized for not completing EPAs from March 8 onwards until things return to a new normal. If you wish to and your clinical setting allows for it, you can of course continue to complete EPAs.

FOD6 (Critical Appraisal)

Since psychopharm seminars and Grand Rounds have been cancelled, how do I obtain the **critical appraisal** EPA (FOD6)?



If you have a clinical question, look up a related journal article, and discuss it with your supervisor using the PICO format, you've just attempted FOD6! As well, online grand rounds or journal clubs will be another opportunity to achieve this EPA.

Competence Committee Reviews



Despite the COVID-19 pandemic, the Competence Committee will still meet (virtually!) in May to review our CBDs residents. Residents and Coaches have been emailed a copy of their EPA dashboards. Take this opportunity to meet (virtually!) before the May 7 meeting.

The Competence Subcommittee is aware that things are not business as usual and have made some adjustments to our expectations in terms of EPA observations. We recognize that your ability to complete EPAs was significantly curtailed due to COVID-19. We have done this in the spirit of flexibility and leniency.

- 1) EPA expectations have been adjusted reflect a date of March 8, 2020.
- 2) While we have adjusted our EPA expectations to the target expected as of March 8, we continued with our assessment data cut date of April 5, 2020.
- 3) We will use a resident's number of observed EPAs as of April 5 to see whether they have met March 8th EPA expectations.
- 4) We will focus on qualitative data vs. quantitative data. Don't forget, we will also review ITERs, practice STACERs and any other available information in your file since the November Competence Committee reviews. The Competence Subcommittee understands that the General STACERs have been postponed.



In late May, you and your coach will receive a copy of the Psychiatry Competence Subcommittee report. You are also encouraged to find some time to discuss the report and results of the review together. Please note that this may be the last time you will be meeting, as we will be adopting a new Coaching and

Competence Committee model in July 2020.

Elentra Resources

PGME has created a library of resources for both learners and assessors on navigating and using Elentra. We encourage you to review these via their website http://cbme.postmd.utoronto.ca/u-of-t-cbme-faculty-resident-resources/references-resources/elentra-user-guides/

Want to be the best supervisor you can be, and stand a chance to win the Robin Hunter Award?
Want to breeze through the rest of your residency maximizing learning and minimizing training time?
If so, don't miss this important CBD session so you are in the know!

In collaboration with the Department's Faculty Development Committee, we will be offering a **1pm to**



345pm Zoom session on **June 4** to discuss upcoming program changes in July 2020. **Residents and Faculty are encouraged to attend.**

Topics will include the adoption of the Royal College Entrustable Professional Activities (EPAs), Elentra training, Longitudinal Ambulatory Experience (LAE), the Competence Committee and CBD Coaching models, transition from ITER to ITARs, how to provide a useful and effective EPA assessment, and updates to Psychotherapy expectations! You don't want to miss it!

REGISTER NOW

Can't make it? The session will be recorded and will be made available on Ouercus.



Residents: stay tuned for details on an Elentra
Session in early July!

In collaboration with PGME, we will be offering another Introduction to Elentra via Zoom for our residents in early July. This session is open to all CBD residents with the aim of helping them navigate through EPA submissions on Elentra. Details will be emailed to residents.





