

## Trauma Therapy Fellowship

### Women's College Hospital, University of Toronto, Department of Psychiatry

This fellowship in Trauma Therapy in the Trauma Therapy Program (TTP) at Women's College Hospital (WCH) is a one-year academic fellowship (clinical and/or research) that provides advanced training in the treatment of sequelae of childhood interpersonal trauma. This program builds upon the strengths of WCH through an emphasis on the assessment and treatment of impacts of childhood interpersonal trauma, in particular through staged individual and group psychotherapeutic treatment. Fellows receive didactic teaching, supervision, and clinical experience in understanding the formulation of impacts of childhood interpersonal trauma, including neurobiological and developmental, psychodynamic, cognitive, relational and sociocultural, as well as in providing treatment in both individual and group formats, informed by multiple modalities of treatment (psychoeducational, body-oriented, cognitive behavioural, psychodynamic, and relational). Fellows gain experience in an outpatient treatment setting, working collaboratively with a multidisciplinary team. Fellows have the opportunity to receive individual supervision and to participate in group peer supervision, with a focus on the safe and effective use of self in provision of psychotherapy. Supervision is with expert faculty in the TTP program at WCH. Fellows may also have the opportunity to teach junior learners and, if they choose, can work closely with research faculty conducting ground-breaking research in impacts of trauma and trauma therapy.

We have a limited number of fellowship spots and the number varies from year to year according to supervisor availability and total number of learners in the clinic. It is recommended that prospective fellows begin the application process at least one year prior to the July 1 annual start date. *The deadline for submission of the full application package is the end of September before the expected July 1 start date (for example, September 30, 2023, would be the deadline for July 1, 2024 start date).*

#### Eligibility:

- Completion of accredited psychiatric residency training program.
- Strong clinical and academic skills, and demonstrated interest in pursuing a career related to sequelae of childhood interpersonal trauma and trauma therapy.

#### Applicants for the fellowship should submit:

- o CV
- o A brief personal statement (which explains your interest in this fellowship and trauma therapy)
- o Medical school transcript
- o 2-3 three letters of reference (to be emailed directly by the writers)
- o for international applicants only:
  - TOEFL scores with a minimum acceptable overall score of 93 and a Speaking section score of at least 24
  - or the academic version of the IELTS with a minimum acceptable score of an overall band 7
  - Please note, scores must be obtained within the previous 2 years
- In conjunction to WCH's fellowship application process, applicants need to review the University of Toronto's Fellowship Application process, including details regarding funding. For more information, please visit their website: <https://www.psychiatry.utoronto.ca/apply-fellowship-program>

For more information, please contact:

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