

# Fellowships – Ontario Shores Centre for Mental Health Sciences

## Fellowship Description

Ontario Shores Centre for Mental Health Sciences is an academically-affiliated 340 bed behavioural health teaching hospital located in Whitby, Ontario (near Toronto). Ontario Shores offers advanced, clinically-focused training opportunities in a number of clinical areas, including:

- General adult psychiatry (inpatient and ambulatory)
- Adolescent psychiatry (inpatient and ambulatory)
- Adolescent eating disorders
- Intellectual disability
- Geriatric psychiatry
- Forensic psychiatry
- Brain stimulation (ECT and rTMS)

The fellow will work within Ontario Shores' specialized clinical programs, collaborating with psychiatrists, clinical pharmacologists, genetic specialists, pharmacists, researchers, and allied health professionals to support individualized, evidence-informed medication management. If needed, Fellows can also access opportunities in the broader University of Toronto Department of psychiatry programs, to supplement their learning.

## Fellowship Objectives

The fellowship is designed to enable the trainees to:

- Develop advanced expertise in the clinical areas of their choosing
- Enhance skills in managing treatment-resistant and complex psychiatric presentations
- Understand ethical, regulatory, and health system considerations mental health
- Participate in clinical teaching, quality improvement, and/or research initiatives related to pharmacogenetics, if interested
- Gain exposure to a sophisticated medical informatics and decision support environment

## Training Environment

Ontario Shores Centre for Mental Health Sciences is a teaching hospital affiliated with the University of Toronto, providing tertiary-level mental health care. The fellow will be embedded in interdisciplinary teams and will be actively involved in or have access to:

- Specialized inpatient and outpatient psychiatric programs
- Academic rounds, case conferences, and teaching opportunities

- Research mentorship aligned with the fellow's interests (optional)
- A technologically advanced environment, at a HIMSS Triple 7 hospital, with sophisticated business intelligence tools and access to data

The fellowship emphasizes supervised clinical practice, academic development, and progressive autonomy.

## Eligibility Criteria

Applicants must:

- Hold an MD and be eligible for a fellowship appointment with the University of Toronto
- Have completed, or be nearing completion of, a psychiatry residency (or equivalent training)
- Be eligible for medical licensure in Ontario (including educational license)

## Fellowship Duration

- One year (12 months, with options to extend)
- Start date: Flexible

## Stipend

- \$110,000 CAD/year
- Fellows can earn additional income by participating in ECT and evening/weekend coverage (though both are optional, and there is no required call)

## How to Apply:

Interested applicants should submit:

1. Curriculum Vitae (CV)
2. Letter of Intent outlining clinical interests and goals for the fellowship
3. IELTS (Academic) test results (or the equivalent, not including TOEFL)

Applications will be reviewed on a rolling basis until the positions are filled.

## Contact Information

For further information or to apply, please contact:

**Dr. Philip Klassen (Klassenp@ontarioshores.ca)**

For further details see also:

<https://www.ontarioshores.ca>