Announcements

Celebrating Canadian Islamic History Month

Islamic History Month is recognized across Canada each October, with this year marking the 15th anniversary of this celebration. This month is a time to educate ourselves on the historic and current contributions of Muslims in health care, medical education, and beyond.

2021-2022 Annual Continuing Professional Development Awards

Continuing Professional Development (CPD) is proud to annually recognize and celebrate the excellence, innovation and impact of our CPD community members through 8 different awards. Department members who are interested in applying can contact Dr. Raj Rasasingham, Director of Continuing Professional and Practice Development, at rasasingham@hrh.ca by October 31, 2022.

Donald Wasylenki Education Day - Poster Abstract Submission Open

We are excited to announce that Donald Wasylenki Education Day will be held on Thursday, February 9, 2023. This year we will be hosting the event virtually again, more details to come. The Abstract / Poster Submission Deadline is November 28, 2022.

MD Program Teaching Awards Committee - Call for Award Nominations

The MD Program Teaching Awards recognize excellence and leadership in education. The department will work with the selected department nominees to prepare a full nomination package before the MD Program deadline. Interested applicants should submit a two-page nomination letter by November 14, 2022. The deadline to submit a completed nomination package to the MD Program Teaching Awards Committee is January 16, 2023.

Announcing the appointment of Dr. Simone Vigod as the new Vice Chair, Clinical Innovation, in the Department of Psychiatry
We are delighted to announce the appointment of Dr. Simone Vigod as the new Vice Chair, Clinical Innovation, in the Department of Psychiatry at the Temerty Faculty of Medicine, University of Toronto. Her initial term began on October 3, 2022.

**Registration to participate as an MD Admissions rater for the 2022-2023 admissions cycle for the MD Program is now open**

You may sign up to be a file reviewer, video interview rater, or both. The selection processes for file reviewers and video interview raters are done independently of one another; selecting one option will not hurt your chances of doing the other.

**Strategic Plan Update**

**Upcoming Mentorship Workshops**

The Department of Psychiatry’s mentorship groups provide a setting for faculty members to discuss different areas of scholarship and career support needs. We welcome both junior, mid-career, and senior faculty to register on a rolling basis, and attend as many or as few meetings as they need.

**Nominations & Applications**

**Faculty Opportunities**

**Department of Psychiatry Excellence Funds - Call for Proposals**

The Excellence Funds are the result of a University of Toronto Department of Psychiatry fundraising effort to provide seed funding for projects by junior faculty that align with the
Department's strategic plan and priorities as expressed by the donors of funds. The three designated areas of priority are: Research, Education and Creative Professional Activity (CPA). Please note that funds designated by donors for the Research track are currently expended; as a result the 2022-2023 cycle of the Excellence Funds will be restricted to applications in Education and CPA. **Application deadline: December 12, 2022 by 5:00 pm.**

**Labatt Family Research Fellowships in Depression Biology**

The Labatt Family Network for Research on the Biology of Depression is designed to pioneer innovative approaches to depression biology research, advance our understanding of the biology of depression, and foster the next generation of research talent in this field. Part of this gift supports Labatt Family Fellowships in Depression Biology, which support the training of psychiatrist and non-psychiatrist post-doctoral fellows in research that has a primary focus on the biology of depression. **Application deadline: December 2, 2022, by 5:00 pm.**

**2021-2022 Annual Continuing Professional Development Awards**

Continuing Professional Development (CPD) is proud to annually recognize and celebrate the excellence, innovation and impact of our CPD community members through 8 different awards. Department members who are interested in applying can contact Dr. Raj Rasasingham, Director of Continuing Professional and Practice Development, at [rrasasingham@hrh.ca](mailto:rrasasingham@hrh.ca) by **October 31, 2022.**

**Academic Scholar Grants Request for Applications**

The Academic Scholar Grants are intended to support the career development of early-career fulltime status-only faculty members of the Department of Psychiatry who receive salary support to protect more than 80% of their time for academic activity and, thus, are not eligible to apply for an Academic Scholar Award. The Academic Scholar Grants will provide funding for a full-time thesis-based Master’s student supervised by the grantee and in this way will contribute to the career development of the status-only faculty member. **Application deadline: November 25, 2022, by 5:00 pm**

**MD Program Teaching Awards Committee - Call for Award Nominations**
The MD Program Teaching Awards recognize excellence and leadership in education. The department will work with the selected department nominees to prepare a full nomination package before the MD Program deadline. Interested applicants should submit a two-page nomination letter by **November 14, 2022**. The deadline to submit a completed nomination package to the MD Program Teaching Awards Committee is **Monday, January 16, 2023**.

**2022 John Charles Polanyi Prizes**

To honour the achievement of John Charles Polanyi, recipient of the 1986 Nobel Prize in Chemistry, the Ontario Government established a fund to provide John Charles Polanyi Prizes annually to up to five outstanding researchers or scholars who are in the early stages of their career and at Ontario universities. The prizes, each of which is valued at $20,000, will be conferred in the fall of 2023. They are available in the areas of Physics, Chemistry, Physiology or Medicine, Literature, and Economic Science, broadly defined. **Application deadline: November 9, 2022.**

**Request for Applications, Miner’s Lamp Innovation Fund in Prevention and Early Detection of Severe Mental Illness**

The University of Toronto’s Department of Psychiatry has received a series of generous gifts on behalf of the IAMGOLD Corporation to support research studies that are designed to impact the trajectory and outcome of serious mental illness in adolescent and young adult patient populations, with a focus on prevention and early detection. [View the Request for Applications that provides details about the application process.](#) A letter of interest must be submitted by **5:00 pm on October 28, 2022.**

**Graduate Diploma in Health Research (GDipHR) program**

GDipHR is a 20-month longitudinal program which aims to engage medical students in a mentored research experience and graduate level coursework with the intent to develop knowledge and skills that will support a future career in health research.

For some successful candidates, the Department of Psychiatry will cover the $7,500 matching fund that the faculty member supervisor has to provide. In order to compete for this departmental matching funding, please ensure to also submit the GDipHR Supervisor and Project Submission Form to psych.news@utoronto.ca. You will still need to follow the instructions in the call for submissions to formally submit your proposal to GDipHR.
Please submit proposed research projects on the attached Supervisor and Project Information Form (by email only) to gdip.hres@utoronto.ca by October 16, 2022.

### Events

#### Departmental

**Racialized Women's Mentorship Group Meeting**

October 17, 2022, 6:45 pm - 8:15 pm  
*Online via Zoom*  
**Save the date and Zoom link to attend - no prior registration required**

**Psychiatry Faculty Mentorship Group for Clinician Scientists & Investigators**

*Part 2: Facilitated small group mentorship for junior faculty*  
October 19, 2022  
December 20, 2022  
February 14, 2023  
April 19, 2023  
June 20, 2023  
**Submit your name for small group mentorship**

**QuiP: 2SLGBTQ+ Refugee Mental Health and Annual General Meeting**

October 20, 2022, 5:00 pm  
*Online via Zoom*  
**Register now**

**Orientation for New Faculty**

*All new full-time faculty are required to attend Part 1, Part 3, and Part 4, and at least one of Part 2 or Part 5*  
Part 1: October 21, 2022, 8:30 am - 12:00 noon  
Part 2: October 26, 2022, 9:00 - 11:45 am
| **Part 3**: October 27, 2022, 12:00 - 2:00 pm |
| **Part 4**: November 1, 2022, 12:00 - 1:30 pm |
| **Part 5**: November 3, 2022, 9:00 am - 12:00 noon |

*All sessions are online via Zoom*

**Register now**

| **Psychiatry Faculty Mentorship Group for Clinician Teachers** |
| October 26, 2022, 12:00 pm - 1:00 pm |

*Online via Zoom*

**Register now**

| **Unconscious Bias Training for Faculty** |
| October 27, 2022, 12:00 - 2:00 pm |

*Online via Zoom*

**Register now**

| **City-Wide Psychiatry Rounds - Sunnybrook Health Sciences** |
| October 28, 2022, 12:00 pm - 1:00 pm |

**Title:** Integrated Biological and Psychological Approaches to OCD: Programmatic Research at the Frederick W. Thompson Anxiety Disorders Centre

**Presenters:** Peggy Richter, MD, FRCPC, and Neil A. Rector, PhD, CPsych

**View programme**

**Register now**

| **Equity, Diversity, and Inclusion in Mentorship: How to Support Success** |
| November 1, 2022, 12:00 - 1:30 pm |

*Online via Zoom*

**Register now**

| **Professorial Lecture: N. Zoe Hilton** |
| Title: Domestic Violence Risk Assessment: Stories and Algorithms |
| November 7, 2022, 5:30 pm to 7:00 pm |

*Hybrid event; location and Zoom details TBA*

Save the date and [RSVP to rachel.delaney@utoronto.ca](mailto:RSVP to rachel.delaney@utoronto.ca)
UPWURD (Uplifting Women & Underrepresented Genders in Academia) Mentorship Group
Nov 16 2022, Jan 4 2023, Mar 1 2023, May 3 2023, June 28, 2023, 12:00 pm - 1:00 pm
Online via Zoom
Register now

Annual University of Toronto Psychopharmacology Conference 2022
November 19, 2022, 8:45 am to 3:00 pm
This hybrid event will take place online on Zoom
and in-person at the Bahen Centre, 40 Saint George Street, Toronto, ON
View the programme
Register now

PHPI ECHO CoRP meetings
Nov 25, Dec 16 (rescheduled due to holidays), Jan 27, Feb 24, Mar 24, Apr 28, May 26, Jun 23
Online via Zoom
Register now

Psychotherapy Day 2022
December 2, 2022, 9:00 am – 12:00 pm
Online via Zoom
Register now

Professorial Lecture: Thomas Ungar
December 5, 2022
Save the date

Psychiatry Faculty Mentorship Group for Clinician Scientists & Investigators
Part 1: Speaker Series and discussion
December 7, 2022
February 7, 2023
April 4, 2023
May 31, 2023
Online via Zoom
Register now
**Status-Only Faculty Mentorship Group**

Dec 9 2022, 3:00 pm - 4:00 pm  
Mar 31 2023, 3:00 pm - 4:00 pm  
Jun 16 2023, 1:00 - 2:00 pm  
Zoom  
[Register now](#)

**Professorial Lecture: Graham Glancy**

January 16, 2023  
Save the date

**Psych Refresh 2023 - 5th annual event**

A comprehensive review of the field of Psychiatry featuring updated course materials  
January 30 – February 3, 2023  
[Register now](#)

**Donald Wasylenki Education Day**

February 9, 2023  
*Online event*  
Save the date  
[Abstract/poster submission open now - Deadline November 28, 2022](#)

**Professorial Lecture: Kenneth Fung**

March 27, 2023  
Save the date

**University of Toronto**

**Toronto Neurology Update**

October 15, 2022  
*Online and in-person*  
[Register now](#)

**PsychEng Seminar 2022: Prof. Jason Plaks, U of T Department of Psychology**

October 25, 2022, 12:10 pm - 1:30 pm
<table>
<thead>
<tr>
<th>Event Details</th>
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<tbody>
<tr>
<td><strong>Room 2135, Bahen Centre</strong></td>
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</tbody>
</table>
| **PsychEng Seminar 2022: Prof. Patricia Trbovitch, U of T Institute of Health Policy, Management and Evaluation**  
November 22, 12:10 pm-1:30 pm  
**Room 2135, Bahen Centre**  
**Register now** |
| **Temerty-Tanz-TDRA Inaugural Workshop**  
Discovering the links between dementia & depression  
November 30, 2022, 8:30 am - 4:30 pm  
Free registration option for trainees and learners!  
**Hart House, University of Toronto, 7 Hart House Circle, Toronto, ON M5S 3H3**  
**Register now** |
| **Hospital Partners** |
| **Toronto Bipolar Research Rounds**  
Second Thursday of every month starting Oct 13, 2022 |
| **Unity Health/St. Mike’s: Annual Louis L. Odette Family Lecture**  
October 13, 2022, 5:00 pm - 6:30 pm  
**Li Ka Shing Knowledge Institute, Allan Waters Family Auditorium, 2nd Floor, 209 Victoria Street, St. Michael’s Hospital, or watch Online**  
RSVP to Alana Fiander at FianderA@smh.ca. |
| **CAMH Virtual Grand Rounds**  
October 14, 2022, 12:00 noon - 1:00 pm  
**New**  
**Title: Towards Sex- and Gender- Informed Assessment for Autism**  
**Presenters: Meng-Chuan Lai MD, PhD**  
**Online via Webex** |
| **St. Michael’s Hospital Grand Rounds**  
October 14, 2022, 12:00 noon - 1:00 pm  
**Title: Controversies in the Treatment of Psychotic Disorders**  
**Presented by Dr. Awais Aftab** |
<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Presenter(s)</th>
<th>Details</th>
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<tbody>
<tr>
<td><strong>AACAP/CACAP 2022 Annual Meeting</strong></td>
<td>October 17 - 22, 2022</td>
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<td>In person and online</td>
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<td><strong>WCH Department of Psychiatry Grand Rounds</strong></td>
<td>October 20, 2022</td>
<td>12:00 noon - 1:00 pm</td>
<td></td>
<td>Title: I'll Sleep on It! Management of Insomnia</td>
<td>Presenter: Michael Mak, MD, FRCPC, FCPA</td>
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<tr>
<td><strong>Sunnybrook - Psychiatry Grand Rounds</strong></td>
<td>October 21, 2022</td>
<td>12:00 noon - 1:00 pm</td>
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<td>Title: The Emerging Use of Psychedelics in Psychiatry</td>
<td>Presenter: Dr. Ishrat Husain, MBBS, MD (Res.), MRCPsych</td>
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<tr>
<td><strong>Humber River Hospital - Department of Psychiatry Mental Health Grand Rounds</strong></td>
<td>October 21, 2022</td>
<td>12:00 noon - 1:00 pm</td>
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<td>Title: MAiD Based on a Mental Disorder: Two Unresolved Problems for Practice &amp; Policy</td>
<td>Presenter: Dr. Marie Nicolini, MD, PhD</td>
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<tr>
<td><strong>Canadian Academy of Consultation-Liaison Psychiatry 2022 Annual Meeting Annual Meeting</strong></td>
<td>October 26, 2022</td>
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<td><strong>Canadian Psychiatric Association Annual Conference</strong></td>
<td>October 26 – 29, 2022</td>
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<td><strong>Women's College Hospital - Trauma Talks Conference</strong></td>
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Intergenerational Trauma: Hope and Healing Through Trauma-Informed Care
October 28, 2022 at 9:00 am, EDT
Virtual Conference

**SickKids’ 19th Annual Paediatric Emergency Medicine Virtual Conference**
November 2-3, 2022, 8:50 am - 2:30 pm
*In person and online*

Discover more events on our website

**Awards, Honours, & Distinctions**

**International/National**

Congratulations to Dr. Shaheen Darani and Dr. Kiran Patel (Co-Principle Investigators) and Laura Hayos, Tanya Connors, Faisal Islam, Anika Saiva, Stephanie Sliekers, Fabienne Hargreaves, and Dr. Sandy Simpson (Mentor) for winning the 3rd Place Best Poster Award - Association for Academic Psychiatry Conference for their poster Addressing the Mental Health Needs of Inmates Through Education for Corrections Officers.

Congratulations to the following residents and faculty members for receiving First Place in the Equity, Diversity and Inclusion Section at the Academic Psychiatry Conference in Denver for their poster on Child Psychiatry Education with the incorporation of EDI principles (Modules).

Residents: Drs. Nikhita Singhal, Jenny Chum, Yezarni Wynn, Ayan Dey, Catherine Deschênes, Arfeen Malick, and Oshan Fernando

Co-PIs: Drs. Raj Rasasingham and Chetana Kulkarni

Mentors: Drs. Peter Szatmari and Sanjeev Sockalingam

Collaborators: Drs. Amy Gajaria and Certina Ho
Congratulations to **Dr. Michael Mak** for being named a **Fellow of the Canadian Psychiatric Association**.

Congratulations to **Dr. Raj Rasasingham** for receiving the **Joint CPA-COPCE Award for the Most Outstanding Continuing Education Activity in Psychiatry in Canada** for the University of Toronto Psychopharmacology Conference.

Congratulations to **Dr. Raj Rasasingham** for being awarded the **Paul Steinhauer Advocacy Award by the Canadian Academy of Child and Adolescent Psychiatry**. This award was given to Dr. Rasasingham for his exceptional commitment in his career to advance advocacy initiatives for Child and Adolescent Mental Health.

Congratulations to **Dr. Victor Tang** for receiving the **ACPC Annual Research Award**.

Congratulations to **Dr. Ashley Warnock** for receiving the **American Academy of Addiction Psychiatry's 2022 Regional Travel Scholarship Award**.

Congratulations to **Dr. Siqi Xue** for receiving the **2022 Margaret Owen-Waite Memorial Fund** from the Federation of Medical Women of Canada (FMWC).

**Provincial/Local**

Congratulations to the **Family Navigation Project team** for receiving the **2022 Paula Goering Collaborative Research and Knowledge Translation Award in Mental Health and Addictions**.

**In The News**

*‘This is really the end’: Asylum seekers in Canada struggle with suicidal thoughts* - Global News. October 13, 2022. Featuring Dr. Michaela Beder.


Euthanasia and mental illness: To avoid a painful death or to avoid a painful life? - Milénio Stadium. October 7, 2022. Featuring Dr. K. Sonu Gaind.


Course aims to better educate doctors about obesity - Taproot Edmonton. October 5, 2022. Featuring Dr. Sanjeev Sockalingam.

Interest Grows in Treatment of Mood Disorders by Classic Psychedelics - Psychiatric Times. October 4, 2022. By Dr. Nicole Ledwos, Dr. Ishrat Husain, Dr. David J. Castle, and Dr. Tony P. George.


Theta burst stimulation noninferior to TMS in reducing depression symptoms - Healio. September 26, 2022. Featuring Dr. Daniel Blumberger.


Borderline personality disorder (BPD) is one of the most challenging mental illnesses to treat. Dialectical behaviour therapy (DBT) has been proven to help, but it is resource-heavy and often a long process, which can create barriers to access. Dr. Shelley McMain and her team are exploring if briefer DBT can relieve the symptoms of BPD and provide lasting improvement while increasing the accessibility of care.

Professional Positions

U of T and Affiliated Hospitals

**Community Outreach and Outpatient Psychiatrist (Lecturer/Assistant/Associate Professor) - St. Michael’s Hospital**

Applicants must be eligible for full-time clinical academic appointment at the University of Toronto. The successful candidate must hold a Medical Degree and be eligible for certification in Psychiatry by the Royal College of Physicians and Surgeons of Canada, and have or be eligible of independent licensure in Ontario. **Application Deadline: November 30, 2022.**

**Clinical Research Fellowship in Addiction, Concurrent Psychiatric and/or Medical Disorders: Tobacco Addiction - CAMH**

Dr. Peter Selby is seeking an MD with either an independent license or eligible for an educational license through the CPSO for a one-year Clinical Research fellowship starting January 1, 2023 and ending December 31, 2023. **Application Deadline: October 14, 2022 or until the position is filled.**
**Psychiatrist, Perinatal Mental Health Program - Mount Sinai Hospital**

The Sinai Health Department of Psychiatry is currently seeking a Psychiatrist to join our Department as Full Time Faculty, in our Perinatal Mental Health Program, either as a Clinician-Teacher or Clinician-Scientist, preferably at the Assistant Professor level or higher. **Open until filled.**

**Lecturer/Assistant/Associate Professor (Addictions Psychiatry) - St. Michael’s Hospital**

Applicants must be eligible for full-time clinical academic appointment at the University of Toronto. Applicants are required to have completed fellowship training in Addictions or have equivalent experience and recognized certification. **Open until filled.**

**Locum Psychiatrist, Geriatric Mental Health Outpatient Services - CAMH**

Health (CAMH) is seeking a psychiatrist to provide care and psychiatric consultation to geriatric patients over the age of 65 with a focus on late life mood disorders. Duties include psychiatric consultation and follow up of outpatients, teaching and supervision of medical students and psychiatry residents, and participation in research and other academic activities. **Open until filled.**

**Locum and Permanent Staff - St. Joseph’s Health Centre**

St. Joseph’s Health Centre (SJHC) Toronto is seeking locum and permanent staff psychiatrists (full time and part time) in the general outpatient psychiatry setting. We offer flexible arrangements to facilitate the care of a diverse and often marginalized population in a collaborative and dynamic multidisciplinary clinic with support from mental health clinicians and case managers. **Open until filled.**

**Other**

**Research Editor - Journal of the Canadian Academy of Child & Adolescent Psychiatry (JCACAP)**
The Research Editor will be expected to manage and oversee the traditional peer-review components for research papers submitted to JCACAP and will also lead other research focused pieces in the JCACAP. **Application deadline: November 30, 2022.**

<table>
<thead>
<tr>
<th><strong>Assistant Professor (Clinical), Department of Psychiatry - McGill University</strong></th>
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<tbody>
<tr>
<td>The Department of Psychiatry at McGill University and the Jewish General Hospital are currently inviting applications for a full-time position as a member of the Contract Academic Staff at the rank of Assistant Professor (Clinical). This will be a three-year, renewable appointment and does not confer eligibility for tenure. <strong>Application deadline:</strong> October 27, 2022.</td>
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<th><strong>General Adult Psychiatrist, Eating Disorders Program - The Ottawa Hospital</strong></th>
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<tr>
<td>The Ottawa Hospital (TOH) Eating Disorders Program is seeking a General Adult Psychiatrist with interest in Eating Disorders. Full-time or Part-Time. <strong>Open until filled.</strong></td>
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<tr>
<th><strong>Psychiatrist Positions - Inner City Health Associates</strong></th>
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<tr>
<td>Currently, ICHA is seeking to recruit part-time psychiatrists for several sites, including ½ day per week clinics at Margaret's drop-in, at a virtual or in person clinic in one of the shelter hotels, and at various other homeless service sites across the city.</td>
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<th><strong>Psychiatrist (External Independent Contractor) - Canadian Mental Health Association</strong></th>
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Canadian Mental Health Association – Peel Dufferin Branch is seeking a Psychiatrist (external independent contractor) to join our Early Psychosis Intervention team (EPI) for a two-year contract. **Open until filled.**

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<tr>
<th><strong>General Inpatient Psychiatrist Full-time Permanent Faculty Position</strong></th>
<th><strong>The Ottawa Hospital</strong></th>
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<tr>
<td>The Ottawa Hospital (TOH) Mental Health program is a Schedule 1 Facility under the Mental Health Act and is currently seeking a General Inpatient Psychiatrist Full-time Permanent Faculty Position. <strong>Open until filled.</strong></td>
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<th><strong>Associate Medical Director, Physician Health Program</strong></th>
<th><strong>Ontario Medical Association</strong></th>
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<tr>
<td>The OMA's Physician Health Program (PHP) provides a range of services to doctors, residents and medical students across the Province as well as supportive services to family members. <strong>Open until filled.</strong></td>
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**Featured Reading**

**Dr. David Gratzer - Reading of the Week: rTMS – the New JAMA Psych Paper; Also, Opioid Overdoses (JAMA Net Open) and Green on Peak Mental Health (NYT)**

**Dr. Ralph Lewis - Spirituality, Wellness, and Conspiracy Beliefs**
Next issue publication date:

**October 20, 2022**

Submission deadline:

**October 19, 2022, by 10 am.**

Please submit all content in PDF format, or, via a web link to [psych.news@utoronto.ca](mailto:psych.news@utoronto.ca). Emails with embedded content will not be accepted; all items must be attachable or hosted on a website.