
Sleep Disorder Medicine Fellowship

Description of the fellowship opportunity:

The Department of Psychiatry at the University of Toronto offers a 1-year fellowship in Sleep Disorder Medicine.

Fellows will develop competence in:

1. The physiology of normal and abnormal sleep;
2. The diagnosis and management of sleep disorders including insomnia disorders, sleep-related breathing disorders, central disorders of hypersomnolence, circadian rhythm sleep-wake disorders, sleep-related movement disorders, parasomnias, and other sleep disorders;
3. The technical aspects of polysomnography including sleep testing procedures, including patient instrumentation, signal acquisition and processing, laboratory troubleshooting including the recognition and correction of recording artifacts, and the scoring of raw and summary data;
4. The interpretation of overnight polysomnography, multiple sleep latency test and maintenance of wakefulness test.

Training will take place mostly at CAMH and at the sleep laboratory. Upon completion, fellows with an independent practice license will meet the requirements for the Change of Scope process through the College of Physicians and Surgeons of Ontario to practice Sleep Medicine independently.

Fellowship start date:

Applications will be accepted on a rolling basis, for program entry the following July 1. The inaugural fellow will start July 1, 2023. Start dates can be negotiated.

Funding availability:

Pre-established funding for the fellowship may be available on a case-by-case basis. Alternatively, fellows may be financially supported by clinic billings. The University of Toronto requires clinical fellows have a minimum funding equivalent to a first-year resident salary (\$65,000).

Note: Sponsored candidates must have already applied on the University of Toronto's Sponsored Trainee Registry (STAR). For more Information, contact the UofT Psychiatry Fellowship Program at: psych.fellows@utoronto.ca

Selection Process

Application requirements:

Applicants are required to have completed training in Psychiatry, obtained certification from the RCPSC and be eligible for medical licensure in Ontario. The ideal fellow will have had previous clinical/research experience in Sleep Medicine.

Please send your curriculum vitae, 2 letters of reference and a letter of intent explaining your interest in Sleep Medicine to Dr. Michael Mak (michael.mak@camh.ca). Applications will be accepted on a rolling basis until the position is filled.

Application deadline:

December 31 of the year prior to fellowship start date.

Contact:

Dr. Michael Mak (michael.mak@camh.ca).

Note: Selected candidates will have to secure a clinical fellowship appointment with the University of Toronto's Psychiatry Fellowship Program to pursue this training. Therefore, applicants must also familiarize themselves with the University of Toronto's fellowship application process: <https://www.psychiatry.utoronto.ca/apply-fellowship-program>