10 out of 10 Safety Checklist

General Psychiatry Residency Training Program

This document highlights key elements to support a strong safety culture in the residency program. All Postgraduate Site Directors should incorporate the document into site-based orientations and ensure that faculty supervisors review these questions with their residents at the beginning of each rotation and as needed throughout the rotation.

1. How would you call for help urgently?
2. Who participates in Code Whites at this hospital/training site and what is your role if you are the clinician calling a Code White?
3. What should you do if you hear a Code White called overhead?
4. What should you do if you have any concerns about seeing a patient alone in your office or in any other setting (e.g. on the inpatient ward, in the community)?
5. On outpatient rotations, how should your office be set up to maximize personal safety?
6. What technology (such as personal and structural alarms) are being used to enhance safety in this training setting and how should you test it to make sure it is working and generates a response?
7. What are the rotation-specific safety issues to be mindful of on this rotation (e.g. Infection Prevention and Control, Occupational Health and Safety, Personal Protective Equipment requirements)
8. How can you access urgent supervision regarding a clinical safety concern for your patient(s)?
9. What help should you access if you have been involved in a safety incident (threat or injury) during the workday or on-call?
10. What help can you access if you have any concerns about your wellness/well-being and/or learner mistreatment?

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