UofT Department of Psychiatry Global Mental Health Day

Thursday June 2, 2022 8:45 am — 12:30 pm EDT *via Zoom*



Click Here to Register

Accreditation Details

- College of Family Physicians of Canada Mainpro+ (1 credit/hour) Group Learning: 2.5 credits
- Royal College Maintenance of Certification Section 1: 2.5 hours
- American Medical Association Category 1: 2.5 credits
- European Union for Medical Specialists UEMS-EACCME®: 2.5 credits

Temerty Medicine

PROGRAMME

8:45 WELCOME REMARKS

Drs. Kenneth Fung & Benoit Mulsant

0 PLENARY

Mobile Mental Health in 2022: Research Advances, Clinical Integration, & Marketplace Trends Speaker: Dr. John Torous Moderator: Dr. Ishrat Husain

CONCURRENT PANELS

Global Mental Health Career Panel

Panelists: Wendy Chow & Drs. Lisa Andermann, Ishrat Husain, & Farooq Naeem Moderator: Dr. Sigi Xue

Mental Health & the UN Sustainable Development Goals (SDGs)

Panelists: Drs. Erica Di Ruggiero, Akwatu Khenti, & Valentina lemmi Moderators: Drs. Samuel Law & Anthony Maher

11:05 CONCURRENT SYMPOSIA

Population-based GMH Initiatives

MH System GMH Initiatives

- 11:50 CLOSING REMARKS
- **12:00 VIRTUAL RECEPTION**

PROGRAMME DETAILS

PLENARY: Mobile Mental Health in 2022: Research Advances, Clinical Integration, & Marketplace Trends Dr. John Torous, MD MBI

Director, Digital Psychiatry Division, Beth Israel Deaconess Medical Center Harvard University



Successful solutions for mental health conditions – the leading cause of worldwide disability according to the WHO - will require large-scale deployment of digital health via asynchronous telepsychiatry to bridge the mental health access gap. This talk will focus on using smartphone digital phenotyping methods with the mindLAMP app towards capturing novel data and delivering scalable interventions. Core issues around ethics, trust, safety, and cultural considerations in the context of ongoing work in India will be shared. Examples of pathways to integrate smartphone apps into care will also be discussed in addition to methods for evaluating the potential of existing apps for global mental health use.

GLOBAL MENTAL HEALTH CAREER PANEL Meet members of our Global Mental Health Program Advisory Group & learn about their diverse paths towards a career in the field

Dr. Lisa Andermann

Associate Professor, Director, Toronto Addis Ababa Psychiatry Project (TAAPP), Department of Psychiatry, University of Toronto

Wendy Chow Assistant Professor, Department of Psychiatry, University of Toronto

Dr. Ishrat Husain

Assistant Professor, Department of Psychiatry, University of Toronto

Dr. Faroog Naeem Professor, Department of Psychiatry, University of Toronto

MENTAL HEALTH & THE UN SUSTAINABLE DEVELOPMENT GOALS (SDGs) Learn about the intersection between the SDGs & global mental health from leading experts

Dr. Erica Di Ruggiero

Associate Professor, Director, Centre for Global Health, Dalla Lana School of Public health, University of Toronto

Dr. Akwatu Khenti

Assistant Professor, Dalla Lana School of Public health, University of Toronto

Dr. Valentina lemmi

LSE Fellow, Department of Health Policy, London School of Economics and Political Science