**UofT Department of Psychiatry**
**Global Mental Health Day**

**Thursday June 2, 2022**
8:45 am — 12:30 pm  via Zoom

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**PROGRAMME**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>8:45</td>
<td><strong>WELCOME REMARKS</strong> Drs. Kenneth Fung &amp; Benoit Mulsant</td>
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<td>9:00</td>
<td><strong>PLENARY</strong> Mobile Mental Health in 2022: Research Advances, Clinical Integration, &amp; Marketplace Trends &lt;br&gt; <strong>Speaker:</strong> Dr. John Torous &lt;br&gt; <strong>Moderator:</strong> Dr. Ishrat Husain</td>
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<td>10:15</td>
<td><strong>CONCURRENT PANELS</strong> Global Mental Health Career Panel &lt;br&gt; <strong>Panelists:</strong> Drs. Lisa Andermann, Ishrat Husain, Farooq Naeem, &amp; Daisy Singla &lt;br&gt; <strong>Moderator:</strong> Dr. Siqi Xue</td>
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<td>11:05</td>
<td>Mental Health &amp; the UN Sustainable Development Goals (SDGs) &lt;br&gt; <strong>Panelists:</strong> Drs. Erica Di Ruggiero, Akwatu Khenti, &amp; Valentina Iemmi &lt;br&gt; <strong>Moderators:</strong> Drs. Samuel Law &amp; Anthony Maher</td>
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<td>11:50</td>
<td><strong>CLOSING REMARKS</strong></td>
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<td>12:00</td>
<td><strong>VIRTUAL RECEPTION</strong></td>
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**Click Here to Register**

interested in showcasing your global mental health work? [submit](#) an abstract to present at our symposia! 

Abstract Deadline: April 29, 2022
**PROGRAMME DETAILS**

**PLENARY:** Mobile Mental Health in 2022: Research Advances, Clinical Integration, & Marketplace Trends  
**Dr. John Torous, MD MBI**  
Director, Digital Psychiatry Division, Beth Israel Deaconess Medical Center Harvard University

Successful solutions for mental health conditions – the leading cause of worldwide disability according to the WHO - will require large-scale deployment of digital health via asynchronous telepsychiatry to bridge the mental health access gap. This talk will focus on using smartphone digital phenotyping methods with the mindLAMP app towards capturing novel data and delivering scalable interventions. Core issues around ethics, trust, safety, and cultural considerations in the context of ongoing work in India will be shared. Examples of pathways to integrate smartphone apps into care will also be discussed in addition to methods for evaluating the potential of existing apps for global mental health use.

**GLOBAL MENTAL HEALTH CAREER PANEL**  
Meet members of our Global Mental Health Program Advisory Group & learn about their diverse paths towards a career in the field

**Dr. Lisa Andermann**  
Associate Professor, Director, Toronto Addis Ababa Psychiatry Project (TAAPP), Department of Psychiatry, University of Toronto

**Dr. Ishrat Husain**  
Assistant Professor, Department of Psychiatry, University of Toronto

**Dr. Farooq Naeem**  
Professor, Department of Psychiatry, University of Toronto

**Dr. Daisy Singla**  
Assistant Professor, Department of Psychiatry, University of Toronto

**MENTAL HEALTH & THE UN SUSTAINABLE DEVELOPMENT GOALS (SDGs)**  
Learn about the intersection between the SDGs & global mental health from leading experts

**Dr. Erica Di Ruggiero**  
Associate Professor, Director, Centre for Global Health, Dalla Lana School of Public Health, University of Toronto

**Dr. Akwatu Khenti**  
Assistant Professor, Dalla Lana School of Public Health, University of Toronto

**Dr. Valentina Iemmi**  
LSE Fellow, Department of Health Policy, London School of Economics and Political Science