## PGY5 Sample Learner Schedule for Psychiatry

<table>
<thead>
<tr>
<th>MONTHS</th>
<th>Jul</th>
<th>Aug</th>
<th>Sep</th>
<th>Oct</th>
<th>Nov</th>
<th>Dec</th>
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<tr>
<td>STAGE</td>
<td>Transition to Practice (TTP)</td>
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### Rotation (Sites)
- Integrated Mental Health Care (IMHC) + Senior PLEX + Psychiatry On-Call + Psychotherapy
  - Multi Site

### Assessments
- View EPA requirements
- Generally residents should aim to attempt at least 1 EPA a week.

#### Priorities
- **EPA**s
  - TTP1-A Practice Management – Patient
  - TTP1-B Practice Management – Team
  - TTP2 Supervising Trainees
  - TTP3-A Developing a Learning Plan
  - TTP3-B Implementing a Training Experience
  - TTP3-C Reflecting on Learning Plan Efficacy

#### Other
- ITAR for each rotation
- Outstanding STACER requirements from PGY4: 4 Practice STACERs, however, these are not required if 2 COD STACERs were successful
- Grand Rounds (once a year)
- Self-Reflection Form
- COPE Exam
- Royal College Specialty Exams (Written and Applied)

### Required Training Experiences
- **Clinical**
  - TTP 1.1 Any psychiatric service or practice at a junior consultant level
  - TTP 1.2 After-hours coverage for psychiatry or one of its subspecialties

### Other Training Experiences
- **Core Curriculum**
  - Advanced Psychotherapy Seminar Series (July to August) + PGY5 Academic Half Day (August-June)
- **Meet with Coach** (every 2 months)
- **Clinical**
  - 3.1 Clinical leadership and administrative aspects of psychiatric/medical practice
    - 3.1.1 Leading a clinical service
    - 3.1.2 Management of the business aspects of practice

### Psychiatry Competence Subcommittee (PCS) Dates
| Data Cut: | October |
| Data Cut: | April |
| PCS Review: | November |
| PCS Review: | May |

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1. **Grand Rounds**: Residents are required to present Grand Rounds once in PGY5. Completion to be confirmed via COD10 on Elenta by supervisor. For more info: Guidelines for Scholarly Presentations.
2. **Self-Reflection Form**: Residents must submit this mandatory form prior to each Psychiatry Competence Subcommittee review. This is typically done in Oct & Apr. Residents will be notified ahead of time regarding deadlines.
3. **COPE Exam**: Offered online, once a year and typically written in the Fall, however, the timing of the exam is subject to change. Residents will be emailed before the exam becomes available with instructions on timelines and access.
4. **Core Curriculum**: The Advanced Psychotherapy Seminar Series + PGY5 Academic Half Days occur on Wednesdays. Please refer to Quercus for schedule > PGY1-5 Schedules and Documents > Curriculum Schedules
5. **Coaching**: The program recommends residents connect with their coach every 2 months i.e. August, October, December, February, April, and June. The frequency of meetings can be titrated up or down based on the needs of the resident. The purpose of these meetings is to help the resident navigate any issues within the program and to review assessment data such as ITARs, EPAs, STACERs etc.