

PGY5 SAMPLE LEARNER SCHEDULE FOR PSYCHIATRY

MONTHS	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June
STAGE	Transition to Practice (TTP)											
ROTATION (Sites)	Integrated Mental Health Care (IMHC) + Senior PLEX + Psychiatry On-Call + Psychotherapy (Multi Site)											
ASSESSMENTS View EPA requirements Generally residents should aim to attempt at least 1 EPA a week.	<p>PRIORITY EPAs</p> <p>TTP1-A Practice Management – Patient TTP1-B Practice Management – Team TTP2 Supervising Trainees TTP3-A Developing a Learning Plan TTP3-B Implementing a Training Experience TTP3-C Reflecting on Learning Plan Efficacy</p> <p>Other</p> <ul style="list-style-type: none"> • ITAR for each rotation • 4 Practice STACERs, however, these are not required if 2 Exit STACERs were successful • Grand Rounds (once a year)¹ • Self-Reflection Form² • COPE Exam³ • Royal College Specialty Exams (Written and Applied) 											
REQUIRED TRAINING EXPERIENCES	<p>Clinical</p> <p>TTP 1.1 Any psychiatric service or practice at a junior consultant level TTP 1.2 After-hours coverage for psychiatry or one of its subspecialties</p>											
OTHER TRAINING EXPERIENCES View the Royal College Training Experiences document	<p>Core Curriculum⁴: Advanced Psychotherapy Seminar Series (July to August) + PGY5 Academic Half Day (August-June) Meet with Coach (every 2 months)⁵</p> <p>Clinical</p> <p>3.1 Clinical leadership and administrative aspects of psychiatric/medical practice 3.1.1 Leading a clinical service 3.1.2 Management of the business aspects of practice</p>											
PSYCHIATRY COMPETENCE SUBCOMMITTEE (PCS) DATES				Data cut: October 8, 2023	PCS Review: November					Data cut: April 7, 2024	PCS Review: May	

¹ **Grand Rounds:** Residents are required to present Grand Rounds once in PGY4 or PGY5. Completion to be confirmed via COD10 on [Elentra](#) by supervisor. For more info: [Guidelines for Scholarly Presentations](#).

² **Self-Reflection Form:** Residents must submit this mandatory form prior to each Psychiatry Competence Subcommittee review. This is typically done in Oct & Apr. Residents will be notified ahead of time regarding deadlines.

³ **COPE Exam** is offered online, once a year and is typically written in the Fall, however, the timing of the exam is subject to change. Residents will be emailed before the exam becomes available with instructions on timelines and access.

⁴ **Core Curriculum:** The Advanced Psychotherapy Seminar Series + PGY5 Academic Half Days occur on Wednesdays. Please refer to [Quercus](#) for schedule > PGY1-5 Schedules and Documents > Curriculum Schedules

⁵ **Coaching:** The program recommends residents connect with their coach every 2 months i.e. August, October, December, February, April, and June. The frequency of meetings can be titrated up or down based on the needs of the resident. The purpose of these meetings is to help the resident navigate any issues within the program and to review assessment data such as ITARs, EPAs, STACERs etc.