| PGY5 SAMPLE LEARNER SCHEDULE FOR PSYCHIATRY | | | | | | | | | | | | |
|--|--|-----|-----|--------------------------|-------------------------|-----|-----|-----|-----|----------------------------|--------------------|------|
| MONTHS | Jul | Aug | Sep | Oct | Nov | Dec | Jan | Feb | Mar | Apr | May | June |
| STAGE | Transition to Practice (TTP) | | | | | | | | | | | |
| ROTATION (Sites) | Integrated Mental Health Care (IMHC) + Senior PLEX + Psychiatry On-Call + Psychotherapy (Multi Site) | | | | | | | | | | | |
| ASSESSMENTS View EPA requirements | PRIORITY EPAs TTP1-A Practice Management – Patient | | | | | | | | | | | |
| Generally residents should aim | TTP1-B Practice Management – Team TTP2 Supervising Trainees | | | | | | | | | | | |
| to attempt at least 1 EPA a week. | TTP3-A Developing a Learning Plan TTP3-B Implementing a Training Experience TTP3-C Reflecting on Learning Plan Efficacy | | | | | | | | | | | |
| | Other ITAR for each rotation Practice STACERs, however, these are not required if 2 Exit STACERs in PGY4 were successful Grand Rounds (once a year) Self-Reflection Form¹ COPE Exam² Royal College Specialty Exams (Written and Applied) | | | | | | | | | | | |
| REQUIRED TRAINING EXPERIENCES | Clinical TTP 1.1 Any psychiatric service or practice at a junior consultant level TTP 1.2 After-hours coverage for psychiatry or one of its subspecialties | | | | | | | | | | | |
| OTHER TRAINING EXPERIENCES | Core Curriculum ³ : Advanced Psychotherapy Seminar Series (July to August) + PGY5 Academic Half Day (August-June) Meet with Coach (every 2 months) ⁴ | | | | | | | | | | | |
| View the Royal College Training Experiences document | Clinical 3.1 Clinical leadership and administrative aspects of psychiatric/medical practice 3.1.1 Leading a clinical service 3.1.2 Management of the business aspects of practice | | | | | | | | | | | |
| PSYCHIATRY COMPETENCE SUBCOMMITTEE (PCS) | | Ĭ | , | Data cut: October 16, | PCS Review: November | | | | | Data cut: April 9, 2023 | PCS Review: May | |

2022

DATES

¹ Self-Reflection Form: Residents must submit this mandatory form prior to each Psychiatry Competence Subcommittee review. This is typically done in Oct & Apr. Residents will be notified ahead of time regarding deadlines.

² **COPE Exam** is offered online, once a year and is typically written in the Fall, however, the timing of the exam is subject to change. Residents will be emailed before the exam becomes available with instructions on timelines and access.

³ Core Curriculum: The Advanced Psychotherapy Seminar Series + PGY5 Academic Half Days occur on Wednesdays. Please refer to Quercus for schedule > PGY1-5 Schedules and Documents > Curriculum Schedules

⁴ **Coaching**: The program recommends residents connect with their coach every 2 months i.e. August, October, December, February, April, and June. The frequency of meetings can be titrated up or down based on the needs of the resident. The purpose of these meetings is to help the resident navigate any issues within the program and to review assessment data such as ITARs, EPAs, STACERs etc.