

PGY4 SAMPLE LEARNER SCHEDULE FOR PSYCHIATRY

MONTH	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Longitudinal (July 1 to June 30)
STAGE	Core of Discipline (COD)												
ROTATION ¹ (Sites)	Consultation-Liaison Psychiatry (MSH, NYGH, SHSC, SMH, UHN)				Inpatient Psychiatry (CAMH, MSH, SHSC, SMH, UHN)			Addictions Psychiatry (CAMH, MSH, SHSC, SMH)		PLEX (Various sites)		Psychiatry On-Call (Multi site)	Psychotherapy (Multi site)
ASSESSMENTS	<p>PRIORITY</p> <p>EPAs COD5 Emergencies COD8 Psychopharmacology COD9 Legal</p> <p>Other ITAR STACERs² Self-Reflection Form³ Grand Rounds⁴</p> <p>AS ABLE</p> <p>EPAs COD1 Comprehensive Plans COD3 Older Adults COD4 Formulation COD6-C Integrating Psychotherapy Skills COD10 Teaching</p> <p>OPTIONAL</p> <p>EPAs TTP1-A Practice Management – Patient TTP1-B Practice Management – Team TTP2 Supervising Trainees</p>				<p>PRIORITY</p> <p>EPAs COD5 Emergencies COD7 Neurostimulation (Part A: Suitability and B: Delivery) COD8 Psychopharmacology COD9 Legal</p> <p>Other ITAR STACERs² COPE Exam⁵ Grand Rounds⁴</p> <p>AS ABLE</p> <p>EPAs COD1 Comprehensive Plans COD4 Formulation COD6-C Integrating Psychotherapy Skills COD10 Teaching</p> <p>OPTIONAL</p> <p>EPAs TTP1-A Practice Management – Patient TTP1-B Practice Management – Team TTP2 Supervising Trainees</p>			<p>PRIORITY</p> <p>EPAs COD6-C Integrating Psychotherapy Skills COD8 Psychopharmacology</p> <p>Other ITAR STACERs² Grand Rounds⁴ Royal College Specialty Exam (Written)</p> <p>AS ABLE</p> <p>EPAs COD1 Comprehensive Plans COD4 Formulation COD5 Emergencies</p>		<p>PRIORITY</p> <p>Other ITAR STACERs² Grand Rounds⁴ Self-Reflection Form⁴ Royal College Specialty Exam (Applied)</p> <p>AS ABLE</p> <p>EPAs⁶ Applicable COD EPAs</p> <p>OPTIONAL</p> <p>Applicable TTP EPAs</p>		<p>PRIORITY</p> <p>EPAs COD9 Legal</p> <p>AS ABLE</p> <p>EPAs COD1 Comprehensive Plans COD2 Children and Youth COD3 Older Adults COD5 Emergencies COD8 Psychopharm</p> <p>OPTIONAL</p> <p>EPAs TTP1-A Practice Management – Patient TTP1-B Practice Management – Team TTP2 Supervising Trainees</p>	<p>PRIORITY</p> <p>EPAs COD6-A Psychotherapy Modality COD6-C Integrating Psychotherapy Skills</p> <p>Other ITAR for each modality/case</p>

¹ Rotation order shown is a sample and rotations may appear in a different sequence.

² **PGY4 STACER Requirements:** 4 Practice STACERS + 2 Exit for the whole year. Note practice STACERS are unnecessary if 2 Exit STACERS are successful. Exit STACERS are typically scheduled in the Fall + Spring. For more info: [Guidelines for STACERS](#)

³ **Self-Reflection Form:** Residents must submit this mandatory form prior to each Psychiatry Competence Subcommittee review. This is typically done in Oct & Apr. Residents will be notified ahead of time regarding deadlines.

⁴ **Grand Rounds:** Residents are required to present Grand Rounds once in PGY4 or PGY5. Completion to be confirmed via COD10 on [Elentra](#) by supervisor. For more info: [Guidelines for Scholarly Presentations](#).

⁵ **COPE Exam** is offered online, once a year and is typically written in the Fall, however, the timing of the exam is subject to change. Residents will be emailed before the exam becomes available with instructions on timelines and access.

⁶ EPAs during PLEX will depend on the type of PLEX a learner completes.

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ROTATION ¹ (Sites)	Consultation-Liaison Psychiatry (MSH, NYGH, SHSC, SMH, UHN)			Inpatient Psychiatry (CAMH, MSH, SHSC, SMH, UHN)			Addictions Psychiatry (CAMH, MSH, SHSC, SMH)			PLEX (Various sites)		Psychiatry On-Call (Multi site)	Psychotherapy (Multi site)
REQUIRED TRAINING EXPERIENCES	Clinical COD 1.1.3 Consultation Liaison Psychiatry May include: COD 2.2. Supervision of junior learners COD 2.3 Completion of two successful STACERs View the Royal College Training Experiences document			Clinical COD 1.1 Psychiatry COD 1.1.4 Electroconvulsive Therapy (ECT), including delivery COD 2.1.2 Neurostimulation May include: COD 2.2. Supervision of junior learners COD 2.3 Completion of two successful STACERs COD 4.1 Participation in review boarding hearing			Clinical COD 1.1.7.1 Addictions Psychiatry COD 1.1.7.3 Severe mental illness COD 1.1.7.4 Concurrent psychiatric diagnoses COD 3.1.6.4 Motivational Interviewing May include: COD 2.2. Supervision of junior learners COD 2.3 Completion of two successful STACERs			Clinical May include: COD 2.2. Supervision of junior learners COD 2.3 Completion of two successful STACERs		Clinical COD 1.1.8 After hours coverage for psychiatry COD 2.2. Supervision of junior learners	Clinical COD 1.1.5 Delivery of psychotherapeutic treatments ⁷ COD 1.1.6 Longitudinal patient care
OTHER TRAINING EXPERIENCES ⁸	Structured Academic Teaching; Meet with Coach ⁹												
PSYCHIATRY COMPETENCE SUBCOMMITTEE (PCS) DATES				Data cut: Oct 8, 2023	PCS Review: November					Data cut: April 7, 2024	PCS Review: May		

⁷ Refer to Psychotherapy Training Requirements on [Quercus](#) > PGY1-5 Schedules and Documents > Psychotherapy

⁸ **Structured Academic Teaching: Wednesdays:** For more details, refer to [Quercus](#) > PGY1-5 Schedules and Documents

⁹ **Coaching:** The program recommends residents connect with their coach q2months i.e. August, October, December, February, April, and June. The frequency of meetings can be titrated up or down based on the needs of the resident. Meetings are meant to help residents navigate any issues within the program and to review assessment data such as ITARs, EPAs, STACERs, etc.