PGY4 SAMPLE LEARNER SCHEDULE FOR PSYCHIATRY

MONTH	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Longitudinal (July 1 to June 30)	
STAGE	Core of Discipline (COD)													
ROTATION[1] (Sites)	Consultation-Liaison Psychiatry (MSH, NYGH, SHSC, SMH, UHN)				Inpatient Psychiatry (CAMH, MSH, SHSC, SJHC, SMH, UHN)			Addictions Psychiatry (CAMH, SHSC, SMH)		PLEX (Various sites)			Psychiatry On-Call (Multi site)	Psychotherapy (Multi site)

ASSESSMENTS

View PGY4 EPA Rotation Cards

View PGY4 EPA Map

View Overall EPA requirements

View Royal College EPA Document

Generally residents should aim to attempt at least 1 EPA a week.

Consultation-Liaison Psychiatry	Inpatient Psychiatry	Addictions Psychiatry	PLEX	Psychiatry On-Call	Psychotherapy
PRIORITY **EPAs** COD5 Emergencies COD8 Psychopharmacology COD9 Legal **Other** ITAR STACERs[2] Self-Reflection Form[3] **AS ABLE** **EPAs** COD1 Comprehensive Plans COD3 Older Adults COD4 Formulation COD6-C Integrating Psychotherapy Skills COD10 Teaching **OPTIONAL** **EPAs** TTP1-A Practice Management – Patient TTP1-B Practice Management – Team TTP2 Supervising Trainees	**PRIORITY** **EPAs** COD5 Emergencies COD7 Neurostimulation (Part A: Suitability and B: Delivery) COD8 Psychopharmacology COD9 Legal **Other** ITAR STACERs[2] COPE Exam[4] **AS ABLE** **EPAs** COD1 Comprehensive Plans COD4 Formulation COD6-C Integrating Psychotherapy Skills COD10 Teaching **OPTIONAL** **EPAs** TTP1-A Practice Management – Patient TTP1-B Practice Management – Team TTP2 Supervising Trainees	**PRIORITY** **EPAs** COD6-C Integrating Psychotherapy Skills COD8 Psychopharmacology **Other** ITAR STACERs[2] **AS ABLE** **EPAs** COD1 Comprehensive Plans COD4 Formulation COD5 Emergencies	**PRIORITY** **Other** ITAR 8 x STACERs[2] Grand Rounds (once a year) Self-Reflection Form[4] **AS ABLE** **EPAs**[5] Applicable COD EPAs **OPTIONAL** Applicable TTP EPAs	**PRIORITY** **EPAs** COD9 Legal **AS ABLE** **EPAs** COD1 Comprehensive Plans COD2 Children and Youth COD3 Older Adults COD5 Emergencies COD8 Psychopharm **OPTIONAL** **EPAs** TTP1-A Practice Management – Patient TTP1-B Practice Management – Team TTP2 Supervising Trainees	**PRIORITY** **EPAs** COD6-A Psychotherapy Modality COD6-C Integrating Psychotherapy Skills **Other** ITAR for each modality/case

REQUIRED TRAINING EXPERIENCES

View the Royal College Training Experiences document

Consultation-Liaison Psychiatry	Inpatient Psychiatry	Addictions Psychiatry	PLEX	Psychiatry On-Call	Psychotherapy
Clinical COD 1.1.3 Consultation Liaison Psychiatry May include: COD 2.2. Supervision of junior learners COD 2.3 Completion of two successful STACERs	Clinical COD 1.1 Psychiatry COD 1.1.4 Electroconvulsive Therapy (ECT), including delivery COD 2.1.2 Neurostimulation May include: COD 2.2. Supervision of junior learners COD 2.3 Completion of two successful STACERs COD 4.1 Participation in review boarding hearing	Clinical COD 1.1.7.1 Addictions Psychiatry COD 1.1.7.3 Severe mental illness COD 1.1.7.4 Concurrent psychiatric diagnoses COD 3.1.6.4 Motivational Interviewing May include: COD 2.2. Supervision of junior learners COD 2.3 Completion of two successful STACERs	Clinical May include: COD 2.2. Supervision of junior learners COD 2.3 Completion of two successful STACERs	Clinical COD 1.1.8 After hours coverage for psychiatry COD 2.2. Supervision of junior learners	Clinical COD 1.1.5 Delivery of psychotherapeutic treatments[6] COD 1.1.6 Longitudinal patient care

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[1] Rotation order shown is a sample and rotations may appear in a different sequence.
[2] **PGY4 STACER Requirements:** 4 Practice STACERS + 2 Exit for the whole year. Note practice STACERs are unnecessary if 2 Exit STACERs are successful. Exit STACERs are typically scheduled in the Fall and Spring.
[3] **Self-Reflection Form:** Residents must submit this mandatory form prior to each Psychiatry Competence Subcommittee review. This is typically done in Oct & Apr. Residents will be notified ahead of time regarding deadlines.
[4] **COPE Exam** is offered online, once a year and is typically written in the Fall, however, the timing of the exam is subject to change. Residents will be emailed before the exam becomes available with instructions on timelines and access.
[5] EPAs during PLEX will depend on the type of PLEX a learner completes.
[6] Refer to Psychotherapy Training Requirements on **Quercus** > PGY1-5 Schedules and Documents > Psychotherapy

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OTHER TRAINING EXPERIENCES[7]	Structured Academic Teaching; Meet with Coach[8]				Structured Academic Teaching; Meet with Coach[9]			Structured Academic Teaching; Meet with Coach[9]		Structured Academic Teaching; Meet with Coach[9]				
PSYCHIATRY COMPETENCE SUBCOMMITTEE (PCS) DATES				Data cut: Oct 16, 2022	PCS Review: November					Data cut: April 9, 2023	PCS Review: May			

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[7] **Structured Academic Teaching: Wednesdays**: For more details, refer to **Quercus** > PGY1-5 Schedules and Documents

[8] **Coaching**: The program recommends residents connect with their coach q2months i.e. August, October, December, February, April, and June. The frequency of meetings can be titrated up or down based on the needs of the resident. The purpose of these meetings is to help the resident navigate any issues within the program and to review assessment data such as ITARs, EPAs, etc.