

**PGY3 SAMPLE LEARNER SCHEDULE FOR PSYCHIATRY**

DATES	July - October	November – February	March - June	Longitudinal (July 1 to June 30)	
STAGE	Core of Discipline (COD)				
ROTATION <sup>1</sup> (Sites)	Geriatric Psychiatry (Baycrest, CAMH, NYGH, MSH, OS, SHSC, SJHC, SMH, THP, UHN)	Severe Mental Illness (SMI) (CAMH, MSH, SHSC, SJHC, SMH, UHN)	Child Psychiatry (CAMH, George Hull, Humber River, MGH, NYGH, Ontario Shores, SHSC, Sick Kids (Hospital & CCMH), THP, St. Joseph's Health Centre, WCH, Youthdale)	Psychiatry On-Call (Multi site)	Psychotherapy (Multi site)
ASSESSMENTS  <a href="#">View PGY3 EPA Rotation Cards</a>  <a href="#">View PGY3 EPA Map</a>  <a href="#">View Overall EPA requirements</a>  <a href="#">View Royal College EPA Document</a>  Generally residents should aim to attempt at least 1 EPA a week.	<p><b>PRIORITY</b></p> <p>EPAs COD3 Older Adults COD4 Formulation COD8 Psychopharmacology</p> <p><b>Other</b> ITAR Practice STACERs<sup>2</sup> Grand Rounds (once a year)<sup>3</sup> Self-Reflection Form<sup>4</sup></p> <p><b>AS ABLE</b></p> <p>EPAs COD5 Emergencies COD7-A Neurostimulation: Suitability COD7-B Neurostimulation: Delivery COD9 Legal COD10 Teaching</p>	<p><b>PRIORITY</b></p> <p>EPAs COD8 Psychopharmacology COD9 Legal</p> <p><b>Other</b> ITAR Practice STACERs<sup>2</sup> Grand Rounds (once a year)<sup>3</sup> COPE Exam<sup>5</sup></p> <p><b>AS ABLE</b></p> <p>EPAs COD1 Comprehensive Plans COD5 Emergencies COD7-A Neurostimulation: Suitability COD7-B Neurostimulation: Delivery COD10 Teaching</p>	<p><b>PRIORITY</b></p> <p>EPAs COD2 Children and Youth COD4 Formulation COD6-A Psychotherapy Modality COD6-C Integrating Psychotherapy Skills COD8 Psychopharmacology</p> <p><b>Other</b> ITAR Practice STACERs<sup>2</sup> Grand Rounds (once a year)<sup>3</sup> Self-Reflection Form<sup>4</sup> Quality Improvement Assignment<sup>6</sup> Psychodynamic Case Report</p>	<p><b>PRIORITY</b></p> <p>EPAs COD9 Legal</p> <p><b>AS ABLE</b></p> <p>EPAs COD1 Comprehensive Plans COD2 Children and Youth COD3 Older Adults COD5 Emergencies COD8 Psychopharm</p>	<p><b>AS ABLE</b></p> <p>EPAs COD6-A Psychotherapy Modality COD6-C Integrating Psychotherapy Skills</p> <p><b>Other</b> ITAR for each modality</p>
REQUIRED TRAINING EXPERIENCES <a href="#">View the Royal College Training Experiences document</a>	<p><b>Clinical</b> COD 1.1.1 Geriatric Psychiatry</p> <p>May include: COD 1.1.4 Electroconvulsive Therapy (ECT)</p>	<p><b>Clinical</b> COD 1.1.7.1 Addictions COD 1.1.7.3 Severe mental illness COD 1.1.7.4 Concurrent psychiatric diagnoses COD 1.1.7.5. Developmental Disorders COD 1.1.4 Electroconvulsive Therapy (ECT) COD 3.1.6.4 Motivational Interviewing</p>	<p><b>Clinical</b> COD 1.1.2 Child and/or adolescent psychiatry</p>	<p><b>Clinical</b> COD 1.1.8 After hours coverage for psychiatry</p>	<p><b>Clinical</b> COD 1.1.5 Delivery of psychotherapeutic treatments<sup>7</sup> COD 1.1.6 Longitudinal patient care</p>
OTHER TRAINING EXPERIENCES <sup>8</sup>	Structured Academic Teaching + Quality Improvement curriculum <sup>8</sup> Meet with Coach (every 2 months) <sup>9</sup>				
PSYCHIATRY COMPETENCE SUBCOMMITTEE (PCS) DATES	Data cut: <b>October 8, 2023</b>	PCS review: November 2023	Data Cut: <b>April 7, 2024</b> PCS review: May 2024		

<sup>1</sup> Rotation order shown is a sample and rotations may appear in a different sequence.

<sup>2</sup> **PGY3 STACER Requirements:** 4 Practice STACERs for the whole year. Practice STACERs should be arranged throughout the year and residents can connect with their core sites to arrange these. For more info: [Guidelines for STACERs](#)

<sup>3</sup> **Grand Rounds:** Residents are required to present once in PGY3. Completion to be confirmed via COD10 on [Elentra](#) by supervisor. For more info: [Guidelines for Scholarly Presentations](#).

<sup>4</sup> **Self-Reflection Form:** Residents must submit this mandatory form prior to each Psychiatry Competence Subcommittee review. This is typically done in Oct & Apr. Residents will be notified ahead of time regarding deadlines.

<sup>5</sup> **COPE Exam** is offered online, once a year and is typically written in the Fall, however, the timing of the exam is subject to change. Residents will be emailed before the exam becomes available with instructions on timelines and access.

<sup>6</sup> **Quality Improvement Curriculum** includes the completion of Personal Learning Projects in between workshops.

<sup>7</sup> Refer to Psychotherapy Training Requirements on [Quercus](#) > PGY1-5 Schedules and Documents > Psychotherapy

<sup>8</sup> **Structured Academic Teaching: Wednesdays:** For more details, refer to [Quercus](#) > PGY1-5 Schedules and Documents

<sup>9</sup> **Coaching:** The program recommends residents connect with their coach q2months i.e. August, October, December, February, April, and June. The frequency of meetings can be titrated up or down based on the needs of the resident. Meetings are meant to help residents navigate any issues within the program and to review assessment data such as ITARs, EPAs, STACERs, etc.