# PGY3 Sample Learner Schedule for Psychiatry

**Dates**
- July - October
- November – February
- March - June
- Longitudinal (July 1 to June 30)

## Core of Discipline (COD)

### Stage
- **Core of Discipline (COD)**
- **Rotation** [Sites]

### Assessments

**View PGY3 EPA Rotation Cards**
**View PGY3 EPA Map**
**View Overall EPA requirements**
**View Royal College EPA Document**

- **Generally residents should aim to attempt at least 1 EPA a week.**

### Priority EPAs

**COD3 Older Adults**
**COD4 Formulation**
**COD8 Psychopharmacology**

### Other

- **ITAR**
- **Practice STACERs**
- **Grand Rounds (once a year)**
- **Self-Reflection Form**

### As Able

**EPAs**
- **COD1 Comprehensive Plans**
- **COD2 Children and Youth**
- **COD4 Formulation**
- **COD5 Emergencies**
- **COD6-A Psychotherapy Modality**
- **COD6-C Integrating Psychotherapy Skills**
- **COD7-A Neurostimulation: Suitability**
- **COD7-B Neurostimulation: Delivery**
- **COD8 Psychopharmacology**
- **COD9 Legal**
- **COD10 Teaching**

### Required Training Experiences

**View the Royal College Training Experiences document**

**Clinical**
- **COD 1.1.1 Geriatric Psychiatry**
- **May include:**
  - **COD 1.1.4 Electroconvulsive Therapy (ECT)**

**AS ABLE**
- **EPAs**
  - **COD2 Children and Youth**
  - **COD4 Formulation**
  - **COD6-A Psychotherapy Modality**
  - **COD6-C Integrating Psychotherapy Skills**
  - **COD8 Psychopharmacology**

### Other Training Experiences

- **Structured Academic Teaching + Quality Improvement curriculum**
- **Meet with Coach (every 2 months)**

### Psychiatry Competence Subcommittee (PCS) Dates

- **Data cut: October**
- **PCS review: November**
- **Data Cut: April**
- **PCS review: May**

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1 Rotation order shown is a sample and rotations may appear in a different sequence.
2 PGY3 STACER Requirements: 4 Practice STACERs for the whole year. Practice STACERs should be arranged throughout the year and residents can connect with their core sites to arrange these. For more info: Guidelines for STACERs.
3 Grand Rounds: Residents are required to present once in PGY3. Completion to be confirmed via COD10 on Elentra by supervisor. For more info: Guidelines for Scholarly Presentations.
4 Self-Reflection Form: Residents must submit this mandatory form prior to each Psychiatry Competence Subcommittee review. This is typically done in Oct & Apr. Residents will be notified ahead of time regarding deadlines.
5 COPE Exam is offered online, once a year and is typically written in the Fall, however, the timing of the exam is subject to change. Residents will be emailed before the exam becomes available with instructions on timelines and access.
6 Quality Improvement Curriculum includes the completion of Personal Learning Projects in between workshops.
7 Refer to Psychotherapy Training Requirements on Quercus > PGY1-5 Schedules and Documents > Psychotherapy.
8 Structured Teaching Academic: Wednesdays. For more details, refer to Quercus > PGY1-5 Schedules and Documents.
9 Coaching: The program recommends residents connect with their coach q2months i.e. August, October, December, February, April, and June. The frequency of meetings can be titrated up or down based on the needs of the resident. Meetings are meant to help residents navigate any issues within the program and to review assessment data such as ITARs, EPAs, STACERs, etc.