

**PGY2 SAMPLE LEARNER SCHEDULE FOR PSYCHIATRY**

MONTHS	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Longitudinal (July 1 to June 30)					
STAGE	Foundations of Discipline (FOD)																	
ROTATION <sup>1</sup> (Sites)	General Inpatient Psychiatry (CAMH, MSH, SHSC, SMH, UHN)						General Outpatient Psychiatry (CAMH, MSH, SHSC, SMH, UHN, WCH)						Longitudinal Severe Persistent Mental Illness (CAMH, MSH, SHSC, SMH, UHN, WCH)	Psychiatry Call (Multi site)	Psychotherapy <sup>2</sup> (Multi site)			
ASSESSMENTS	<b>PRIORITY</b> EPAs COD7-A Neurostimulation: Suitability COD7-B Neurostimulation: Delivery COD9 Legal  Other ITAR STACERs <sup>3</sup> Critical Appraisal Rounds (once a year) <sup>4</sup> Self-Reflection Form (October) <sup>5</sup>						<b>PRIORITY</b> Other ITAR STACERs <sup>3</sup> Critical Appraisal Rounds (once a year) Self-Reflection (March)  <b>AS ABLE</b> EPAs FOD2 Performing Psychiatric Assessments FOD3 Management Plans FOD4 Risk Assessment FOD5 Critical Appraisal  <b>OPTIONAL</b> EPAs COD1 Comprehensive Plans COD4 Formulation COD6-A Psychotherapy Modality COD6-C Integrating Psychotherapy Skills COD8 Psychopharm COD9 Legal						<b>PRIORITY</b> Other ITAR  <b>AS ABLE</b> EPAs FOD2 Performing Psychiatric Assessments FOD3 Management Plans FOD4 Risk Assessment FOD5 Critical Appraisal  <b>OPTIONAL</b> EPAs COD1 Comprehensive Plans COD4 Formulation COD6-A Psychotherapy Modality COD6-C Integrating Psychotherapy Skills COD8 Psychopharm COD9 Legal		<b>PRIORITY</b> EPAs FOD4 Risk Assessments COD9 Legal  <b>AS ABLE</b> EPAs FOD1 Medical Presentations FOD2 Performing Psychiatric Assessments FOD3 Management Plans  <b>OPTIONAL</b> EPAs COD5 Emergencies COD8 Psychopharm		<b>AS ABLE</b> EPAs COD6-A Psychotherapy Modality COD6-C Integrating Psychotherapy Skills  Other ITAR for each modality	
<a href="#">View PGY2 EPA Rotation Cards</a>  <a href="#">View PGY2 EPA Map</a>  <a href="#">View Overall EPA requirements</a>  <a href="#">View Royal College EPA Document</a>  Generally residents should aim to attempt at least 1 EPA a week.																		

<sup>1</sup> Rotation order shown is a sample and rotations may appear in a different sequence.

<sup>2</sup> Refer to Psychotherapy Training Requirements on [Quercus](#) > PGY1-5 Schedules and Documents > Psychotherapy

<sup>3</sup> **PGY2 STACER Requirements:** 4 practice STACERs + 1 successful General/FOD STACER. Practice STACERs should be arranged throughout the year and residents can connect with their core site to arrange these. The General/FOD STACER is typically scheduled between April-May at a different site i.e. not at your core rotation site. For more info: [Guidelines for STACERs](#).

<sup>4</sup> PGY2 must complete Critical Appraisal once and should be documented via completion of FOD5 on [Elenra](#) by their supervisor. FOD5 does not need to be rated as competent or entrustable. For more info: [Guidelines for Scholarly Presentations](#).

<sup>5</sup> **Self-Reflection Form:** Residents must submit this mandatory form prior to each Psychiatry Competence Subcommittee review. This is typically done in Oct & Apr. Residents will be notified ahead of time regarding deadlines.

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REQUIRED TRAINING EXPERIENCES  View the <a href="#">Royal College Training Experiences document</a>	Clinical FOD 1.1.2 Adult inpatient					Clinical FOD 1.1.1 Adult outpatient					Clinical FOD 5.3 Longitudinal psychiatry clinic		FOD 1.1.3 Emergency, including after- hours coverage	Clinical FOD 1.1.1 Adult outpatient FOD 3.7.1 Cognitive Behavioural Therapy FOD 3.7.2 Family or group therapy FOD 3.7.3 Psychodynamic Therapy
OTHER TRAINING EXPERIENCES <sup>6</sup>	Academic Half Day Teaching (Wednesday Afternoons) Meet with Coach (q2 months) <sup>7</sup> For other special curricular days, refer to Postgrad Curricular Days Protected Time Schedule for specifics on Quercus.													Academic Half Day Teaching (Wednesday Afternoons)
PSYCHIATRY COMPETENCE SUBCOMMITTEE (PCS) DATES <sup>8</sup>				Data cut: Oct 8, 2023	PCS Review: November					Data cut: Apr 7, 2024	PCS Review: May			

<sup>6</sup> **Academic Half Day** teaching is held on Wednesday afternoons and includes psychotherapy teaching (1pm to 150pm). For more details, refer to [Quercus](#) > PGY1-5 Schedules and Documents

<sup>7</sup> **Coaching:** Each resident is assigned a CBD Coach. The program recommends residents connect with their coach q2months i.e. August, October, December, February, April, and June. The frequency of meetings can be titrated up or down based on the needs of the resident. The purpose of these meetings is to help the resident navigate any issues within the program, to review assessment data such as ITARs, EPAs, etc., and to help the resident make connections in areas of interest.

<sup>8</sup> The **Psychiatry Competence Subcommittee (PCS)** meets twice a year in the Fall and Spring to review resident progress in the program. Prior to each review, we will collect various assessment data including ITARs, EPAs, Self-Reflection form, etc.