Psychiatry: Foundations EPA #3

Developing and implementing management plans for patients with routine uncomplicated psychiatric presentations

Key Features:

- This EPA includes the development and implementation of a management plan, using a biopsychosocial approach which reflects an understanding of common psychiatric conditions.
- The observation of this EPA is based on the review of a management plan, observation of the resident's communication of the management plan to the patient, and a review of the complete accompanying documentation.
- The biopsychosocial approach is expected at a foundational level and will be elaborated in the Core stage.
- It is recommended that EPA observations should be planned collaboratively before or at the time of the activity.

Assessment Plan:

Direct and indirect observation by psychiatrist, TTP psychiatry resident, or psychiatry subspecialty resident

Use form 1. Form collects information on:

- Case type: anxiety disorder; mood disorder; OCD; personality disorder; post-traumatic stress disorder (PTSD); psychotic disorder; substance use disorder; other
- Setting: emergency; inpatient; outpatient
- Demographic: child (4-12) or adolescent (13-17); adult (18+)
- Observer: psychiatrist; TTP psychiatry resident; subspecialty psychiatry resident

Collect 6 observations of achievement

- At least 1 patient with a mood disorder
- At least 1 patient with a psychotic disorder
- At least 1 patient with a personality disorder
- At least 1 patient with an anxiety disorder, PTSD, or OCD
- At least 4 adult patients
- At least 3 different observers
- At least 4 by psychiatrists

CanMEDS Milestones:

1 **ME 2.3 Establish goals of care**

2 **ME 2.4 Develop and implement management plans that consider all the patient's health problems and context**

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3 **ME 3.2 Describe the indications, contraindications, risks, and alternatives for a given treatment plan**
4 **COM 1.1 Communicate using a patient-centred approach that facilitates patient trust and autonomy and is characterized by empathy, respect, and compassion**
5 **ME 3.2 Obtain and document informed consent**
6 **ME 2.4 Prescribe first line psychotropic medicines**
7 **ME 4.1 Develop plans for ongoing management and follow-up**
8 **ME 4.1 Coordinate care when multiple health care providers are involved**
9 **COM 5.1 Document clinical encounters to adequately convey clinical reasoning and the rationale for decisions**
10 **COL 1.2 Consult as needed with other health care professionals, including other physicians**
11 **HA 1.1 Demonstrate an approach to working with patients to advocate for health services or resources**
12 **HA 1.1 Work with patients to address determinants of health**
13 **P 3.1 Integrate appropriate components and aspects of mental health law into practice**

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