Psychiatry: Foundations EPA #1

Assessing and managing patients with non-psychiatric conditions

Key Features:

- This EPA focuses on management of medical presentations relevant to psychiatry, and recognition and initial management of acute medical presentations.
- This EPA includes performing a medical assessment, including a general physical exam and neurological assessment, and interpreting relevant investigations.
- It is recommended that EPA observations should be planned collaboratively before or at the time of the activity.

Assessment Plan:

Direct observation by attending physician, or non-psychiatry Core or TTP resident or non-psychiatry fellow

Use form 1. Form collects information on:

- Case type: acute cardiorespiratory condition; delirium; endocrine or metabolic disorders; hypertension; neurological conditions (seizure, movement disorder, stroke, traumatic brain injury); overdose and/or withdrawal; substance intoxication; other presentation
- Setting: emergency; inpatient; outpatient
- Service: neurology; any medical service; family medicine; on-call experiences; emergency; other
- Observer: attending physician; non-psychiatry Core or TTP resident; non-psychiatry fellow

Collect 6 observations of achievement

- At least 2 patients with acute cardiorespiratory or neurological conditions
- At least 1 patient with substance intoxication or overdose and/or withdrawal
- At least 1 patient with endocrine or metabolic disorder
- At least 3 different observers
- At least 3 by a supervising staff physician

CanMEDS Milestones:

1. **ME 1.3 Apply clinical and biomedical sciences to manage patient presentations**
2. **COM 1.1 Communicate using a patient-centred approach that facilitates patient trust and autonomy and is characterized by empathy, respect, and compassion**

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3 **COM 2.1 Conduct a patient-centred interview, gathering all relevant biomedical and psychosocial information**
4 **ME 2.2 Perform a medical assessment, including general physical exam and neurological assessment**
5 **ME 2.1 Differentiate stable and unstable patient presentations**
6 **ME 2.4 Develop a plan for initial management of a medical presentation**
7 **ME 1.6 Seek assistance in situations that are complex or new**
8 **ME 4.1 Ensure follow-up on results of investigation and response to treatment**
9 **COM 3.1 Use strategies to verify and validate the understanding of the patient and family with regard to the diagnosis, prognosis, and management plan**
10 **COM 4.1 Communicate with cultural awareness and sensitivity**
11 **COM 5.1 Document clinical encounters to adequately convey clinical reasoning and the rationale for decisions**
12 **COL 1.2 Describe the roles and scopes of practice of other health care professionals related to their discipline**
13 **ME 2.2 Synthesize patient information from the clinical assessment for the purpose of written or verbal summary to a supervisor**
14 **P 1.1 Demonstrate awareness of the limits of one's own professional expertise**

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