Psychiatry
UNIVERSITY OF TORONTO

General Psychiatry Residency Program
EPA Transition – Psychiatry (2026 2.0)

Purpose

This document summarizes the transition from the Royal College 2020 (EPA 1.0) framework to the 2026 (EPA 2.0) framework, organized by stage of training.

Each resident will receive an updated EPA Overview file documenting their EPA progress based on the 2026 EPA suite (post-conversion).

EPA 1.0	→	**EPA 2.0**
TTD1 Obtaining a Psychiatric Hx	→	TTD1 Obtaining a Psychiatric History
TTD2 Communicating Clinical Encounters	→	TTD2 Communicating Clinical Encounters

Foundations of Discipline (FOD)

EPA 1.0	→	**EPA 2.0**
FOD1 Medical Presentations	→	FOD1 Non-Psychiatric Conditions
FOD2 Performing Psychiatric Assessment	→	FOD2 Performing Psychiatric Assessment
FOD3 Management Plans	→	FOD3 Management Plans
FOD4 Risk Assessments	→	FOD4 Risk Assessments
N/A	→	FOD5-A CBT Suitability Assessment
N/A	→	FOD5-B Utilizing CBT Interventions
N/A	→	FOD6 Foundational Psychopharmacology
FOD5 Critical Appraisal	→	FOD7-A Critical Appraisal
N/A	→	FOD7-B Critical Appraisal Presentation

Core of Discipline (COD)

EPA 1.0	→	**EPA 2.0**
COD1 Comprehensive Plans	→	COD1 Comprehensive Plans
COD4 Formulation	→	COD2 Formulations
COD2 Children and Youth	→	COD3 Children and Youth
COD3 Older Adults	→	COD4 Older Adults
COD5 Emergencies	→	COD5 Emergencies
COD9 Legal	→	COD6 Legal
COD8 Psychopharmacology	→	COD7 Psychopharmacology

EPA 1.0	→	EPA 2.0
COD6-A Psychotherapy Modality	→	COD8 Psychodynamic, Group and Family Psychotherapies
COD6-C Integrating Psychotherapy Skills	→	COD9 Integrating Psychotherapeutic Interventions
N/A		COD10 Substance Use Disorders
COD7-A Neurostimulation: Suitability	→	COD11-A Suitability for Neurostimulation
COD7-B Neurostimulation: Delivery	→	COD11-B Delivery of Neurostimulation

Transition to Practice (TTP)

EPA 1.0	→	EPA 2.0
TTP1-A Practice Management: Patient	→	TTP1 Practice Management
TTP1-B Practice Management: Teamwork	→	TTP1 Practice Management
TTP2 Supervising Trainees	→	TTP2 Supervising Trainees
TTP3-A Developing a Learning Plan	→	N/A
TTP3-B Implementing a Training Experience	→	N/A
TTP3-C Reflecting on Learning Plan Efficacy	→	N/A
COD10 Teaching	→	TTP3 Teaching

For more information refer to the Policies and Guidelines page:

1. EPA Transition Guidelines 2026
2. EPA Transition - Implementation