Psychiatry
UNIVERSITY OF TORONTO

EPA Map by CBD Stage

TRANSITION TO DISCIPLINE (TTD)	FOUNDATIONS OF DISCIPLINE (FOD)	CORE OF DISCIPLINE (COD)	TRANSITION TO PRACTICE (TTP)
Months 1-3 of PGY1	PGY1 to PGY2	PGY3 to PGY4	PGY5
TTD1 OBTAINING A PSYCHIATRIC HISTORY to inform the preliminary diagnostic impression **TTD2 COMMUNICATING CLINICAL ENCOUNTERS** in oral and written/electronic form	**FOD1** Assessing and managing patients with **NON-PSYCHIATRIC CONDITIONS** **FOD2 PERFORMING PSYCHIATRIC ASSESSMENTS** referencing a biopsychosocial approach, and developing basic differential diagnoses for patients with psychiatric disorders **FOD3** Developing and implementing **MANAGEMENT PLANS** for patients with uncomplicated presentations **FOD4** Performing **RISK ASSESSMENTS** that inform the development of an acute safety plan for patients posing risk for harm to self or others **FOD5-A** Providing **CBT** psychotherapy for routine patients: **ASSESSING SUITABILITY** and establishing the therapeutic relationship in CBT **FOD5-B** Providing CBT psychotherapy for routine patients: **UTILIZING CBT INTERVENTIONS WITH ENTRUSTABILITY** **FOD6** Integrating the **FOUNDATIONAL** principles and skills of **PSYCHOPHARMACOLOGY** into patient care **FOD7-A** performing critical appraisal and presenting psychiatric literature: **CRITICAL APPRAISAL** **FOD7-B** performing critical appraisal and presenting psychiatric literature: **PRESENTATION**	**COD1** Performing psychiatric assessment and developing **COMPREHENSIVE** treatment/management **PLANS** for adult patients **COD2** Developing comprehensive biopsychosocial **FORMULATIONS** for patients across the lifespan **COD3** Performing psychiatric assessments and providing differential diagnoses and management plans for **CHILDREN AND YOUTH** **COD4** Performing psychiatric assessments, and providing differential diagnoses and management plans for **OLDER ADULTS** **COD5** Identifying, assessing, and managing emergency situations in psychiatric care across the lifespan (**EMERGENCIES**) **COD6** Applying relevant legislation and **LEGAL** principles to clinical practice **COD7** Integrating the principles and skills of **PSYCHOPHARMACOLOGY** in the assessment and management of patients with challenging presentations and comorbidities **COD8** Delivering **PSYCHODYNAMIC, GROUP, AND FAMILY PSYCHOTHERAPIES** **COD9 INTEGRATING PSYCHOTHERAPEUTIC INTERVENTIONS** into regular patient care **COD10** Managing **SUBSTANCE USE DISORDERS** for patients with concurrent psychiatric disorders **COD11-A** Integrating the principles and skills of **NEUROSTIMULATION** into patient care: **SUITABILITY** **COD11-B** Integrating the principles and skills of **NEUROSTIMULATION** into patient care: **DELIVERY**	**TTP1** Managing the clinical and administrative aspects of a psychiatric practice **(PRACTICE MANAGEMENT)** **TTP2 SUPERVISING** junior **TRAINEES** **TTP3** Providing **TEACHING** to students, residents, public and other health care professionals

Full Royal College 2.0 EPA Guide available via https://www.psychiatry.utoronto.ca/entrustable-professional-activities-epas

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