

University of Toronto Department of Psychiatry Clinician Scientist/Scholar Program



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Clinician Scientist/Scholar Program (CSP)

Overarching aim is to develop the next generation of academic clinicians in psychiatry.

Short-term: encourage and facilitate an enriched research/scholarship experience during psychiatric residency

Medium-term: increase the number of psychiatric residents who complete graduate training to enhance their research/scholarship skills

Long-term:

continue to support development of psychiatrists engaged in high quality research/scholarship in Canada (and beyond)



Who is it for?

- Research/Scholarship oriented residents interested in a career in academic psychiatry
- Two CSP programs:
 - Clinician Scholar:
 - Clinician Scientist:

• Two core streams across CSPs:

- 1. <u>General Stream</u>: PGY3-4 residents with an interest in research
- 2. <u>Graduate Stream</u>: Residents entering PGY5 who have a research record and are pursuing graduate studies or already have a graduate degree and plan to spend substantial portion of PGY5 focused on research/scholarship



Who is it for?

• Provide two programs to support career development across a breadth of topics within psychiatry

Clinician Scientist	Clinician Scholar
Basic Sciences	Medical Education
Health Outcomes Research	Quality Improvement
Clinical Epidemiology	Health Systems Research
Neuroimaging and Brain Stimulation	Health Policy
Psychopharmacology	Mental Health Equity



Benefits

- Opportunity to network with expert mentors and learn how to conduct research
- Protected time for your own research (PGY3-5)
- \$1500 research stipend for conferences per year
- Exclusive research funding opportunities
- Interactive seminars and workshops for career development
 - 6 per year following a 3-year curriculum
 - In person seminars tied to social events for community building







Protected Time

General Stream

- -PGY3-4: ¹/₂ day per week research time for CSP residents
- -PGY4: **3 months** PLEX time for research

Graduate Stream

- PGY5: up to 80% time for research

Residents who are interested in joining the CSP are encouraged to pursue research electives in PGY1.



Clinician Scientist Seminars 2023

2023/2024

- 1. Question & Answer with Alumni + Social
- Post-Residency Transition to Faculty: Planning for an academic career – Dr. Sean Nestor and Dr. Danielle Baribeau
- **3.** Lifestyle in Academic Psychiatry Dr. Karen Wang & Dr. Tyler Kaster
- 4. Reference Letter Writing Workshop
- 5. Future of psychiatry lecture New Approach to Comorbidity in Mental Health - Dr. Martin Katzman
- 6. 2024 CSP Junior Investigator Colloquium

Past Seminars:

- 1. How to negotiate a junior faculty role and/or fellowship
- 2. CV workshop for clinician scientists
- 3. Future of Psychiatry Lecture –
- 4. Mock CIHR grant review seminar.
- 5. Future of psychiatry lecture -Improving perinatal mental health interventions
- 6. 2021 CSP Junior Investigator Colloquium



Clinician Scholar Seminars 2023

2022/2023

- 1. Question & Answer with Alumni + Social
- 2. Qualitative Methods
- 3. Considerations for a successful career in academic psychiatry
- 4. Co-creation and participatory research
- 5. Thinking outside the (Toronto) box
- 6. 2024 Clinical Scholar Junior Investigator Colloquium



CSP Project Requirements

- Applications are evaluated on a case-by-case basis and are intended to converge with the requirements and expectations of the Temerty Faculty of Medicine's Clinician Investigator Program
- **Primary supervisor must be a faculty** within the Department of Psychiatry.
- Projects should be data-driven and feasible to carry out during residency training
- CSP residents are expected to attend CSP seminars, present their work at national/international conferences and supported to publish their work in peer-reviewed journals. Exposure to other research activities encouraged (e.g. REB applications, applications for research awards)
- All CSP residents are required to present at Department of Psychiatry Research Day (annually in June).



Application Process

- Application Deadline:
 - Annually on April 15th (or next business day)
- Checklist:
 - CSP Application Form (on website)
 - Personal statement related to project aim and any relevant research background
 - Standard Curriculum Vitae
 - Letter of support from an identified SUPERVISOR
 - An independent letter of support from a referee commenting on a candidate's research track record and proposed project
 - Applications submitted to Tammy Mok (tammy.mok@utoronto.ca)



Questions?

All information on application process is available on CSP website:

https://www.psychiatry.utoronto.ca/clinician-scientist-program https://psychiatry.utoronto.ca/clinician-scholar-program

Contacts:

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