

Clinician-Researcher Stream Working Group (CReST WG)
General Psychiatry Residency Program

Background

A Departmental CSTS Working Group was established in the 2022-23 academic year, co-chaired by Drs. Stephanie Ameis (Director, CSP-Scientist) and Benoit Mulsant (Labatt Family Chair). Goals, values, and principles of the CSTS Working Group were shared with and discussed at PRPC (Psychiatry Residency Program Committee), the 2023 Postgraduate Education retreat, and SAC (Senior Advisor Committee). An Assistant Director, CSTS has been recruited for a 3-year term starting July 1, 2023.

The purpose of the CSTS in the General Psychiatry Residency Program is as follows:

CReST prepares residents for: (i) for a faculty position as clinician-scientist or clinician-scholar, and (ii) for their own independent research/scholarly program. The CSTS would support synergy between research/scholarship and clinical training and would develop CSTS residents' identity as clinician-scientists/scholars. In this context, the CSTS would:

- Provide a structure and support to residents with a background in research/scholarship when their explicit career goal is to become a clinician-scientist/scholar already as they apply for residency;
- Facilitate completion of clinical training requirements consistent with the CBD curriculum and all other Royal College requirements, while enabling intensive research or scholarship training and activities during residency training;
- Enable CSTS residents to build their record of research/scholarly productivity (e.g., publications, presentations, knowledge translation activities) during residency so that they can better compete for academic positions and grants/awards following residency;
- Facilitate selective and elective training with specific patient populations and faculty supervisors that will complement their career training goals;
- Support elective training experiences in other centres to develop research/scholarship skills and enhance opportunities for mentorship and research networking.

Mandate

To establish the **CaRMS interview pathway and curriculum** for the CReST in the General Psychiatry Residency Program.

Membership

Assistant Program Director, CReST (Chair)

Directors of CSPs (Scientist and Scholar)

Resident Members

Faculty Members

Departmental Executive – Chair, VC Research

Key Tasks for 2023-24

Resident Selection

- Create CaRMS program description (due by September 6, 2023).
- Work with CaRMS selections/PGY1 admissions subcommittee to create interview pathway during CaRMS 2024 (February 1 and 2, 2024)
- Participate in CaRMS 2024 – will require faculty and resident recruitment for interviews

Outputs: CaRMS CSTS interview pathway and implementation of pathway for CaRMS 2024

Curriculum

- Work with Program Director and PRPC in integrating CReST within the general program
- Consider the role of the CSPs with regards to CReST
- Consider environmental scan of faculty members who can offer opportunities for research supervision.
- Create academic curriculum opportunities which includes enhanced mentorship

Outputs: Outline of CReST curriculum with focus on Transition to Discipline, Foundations of Discipline and Core of Discipline (TTD/FOD/COD – typically PGY1-4) with agreement that Transition to Practice (typically PGY5) will focus on research

Organizational structure

- At the conclusion of the work as noted above, consider with the Program Director and guidance from the Chair, Vice Chairs of Education and Research whether a research committee should be established within the General Psychiatry Residency Program.

Reporting

The CReST WG reports to the Psychiatry Residency Program Committee (PRPC) and Program Director, General Psychiatry Residency Program.

Administrative Support

- TBD – can likely provide support to coordinate meetings and send Zoom links

Created by: Program Director with Assistant Director, CReST

Reviewed by PRPC: October 2023 (virtual review)

Next review: 2024