Psychiatric issues commonly complicate broader medical treatment. What is the best use of antidepressants in the medically ill? What are current treatments for delirium? How can I use the Mental Health Act more effectively? How to handle anxiety disorders or sleep problems in the medically ill? And what about symptoms without a clear biological cause -- somatoform disorders -- what can be done? These are some of the key questions that are answered by a new CME program, developed jointly by the Departments of Psychiatry and Internal Medicine at the University Health Network. It is taught by leading psychiatrists from UHN, all of whom have won teaching awards.

**LEARNING OBJECTIVES:**
- Update of recent advances in the understanding of psychiatric disorders
- Review of the Mental Health Act
- Review of the Healthcare Consent Act
- Learn about the diagnosis and treatment of delirium
- Review the use of antidepressants in the medically ill patient
- Learn how to manage the anxious patient without medication
- Update on the use of hypnotics
- Review of Somatoform Disorders

**COURSE DIRECTOR:**
- Rima Styra, MD, MEd, FRCPC

**PLANNING COMMITTEE:**
- Susan Abbey, MD, FRCPC
- Howard Abrams, MD, FRCPC
- Hal Berman, MD, FRCPC
- Peter Cooper, MD, FRCPC
- Wayne Gold, MD, FRCPC
- Moira Kapral, MD, FRCPC
- Sagar Parikh, MD, FRCPC
- Rima Styra, MD, MEd, FRCPC

**COURSE LOCATION:**
University Health Network (TGH site)
200 Elizabeth Street entrance
1st Floor, Eaton Wing North
Rooms 429 & 430 (Located inside the Health Sciences Library)

**COURSE AGENDA**
**TUESDAY, OCTOBER 24, 2006**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>08:30 - 08:55</td>
<td>Registration</td>
</tr>
<tr>
<td>09:00 - 09:10</td>
<td>Introduction</td>
</tr>
<tr>
<td>09:10 - 09:50</td>
<td>Psychiatry Meets Neuroscience in the 21st Century</td>
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<tr>
<td></td>
<td>Dr. Sagar Parikh, Deputy Psychiatrist-in-Chief,</td>
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<td></td>
<td>University Health Network, Associate Professor,</td>
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<td></td>
<td>Department of Psychiatry, University of Toronto</td>
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<tr>
<td>09:50 - 10:30</td>
<td>Mental Health Act and Health Care Consent Act</td>
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<tr>
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<td>Dr. Robert Buckingham, Associate Professor,</td>
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<td></td>
<td>University Health Network, Department of Psychiatry, University of</td>
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<tr>
<td></td>
<td>Toronto</td>
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<tr>
<td>10:30 - 10:45</td>
<td>Refreshment Break</td>
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<tr>
<td>10:45 - 12:20</td>
<td>Choice of workshops—see over. Choose from antidepressants, delirium,</td>
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<td>anxiety, sleep, and somatoform disorders.</td>
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<tr>
<td>12:30 - 1:30</td>
<td>Light Lunch and Panel Discussion</td>
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</tbody>
</table>

**WORKSHOP SIGN UP:**
To ensure optimal educational opportunity, workshops are limited to 10 participants. Enrollment is on a first-come-first-served basis. Please choose 4 workshops in order of preference and you will be assigned to 2 of your preferences. (See registration form for choices and selection instructions).

To enhance learning, the course participation is limited to 50 registrants.
Psychiatry Update for Internal Medicine  
COURSE REGISTRATION FORM

WORKSHOP OPTIONS & SELECTION
Please choose 4 workshops in order of preference and you will be assigned to 2 of your preferences. Enrollment is on a first-come-first-served basis.

Workshops are 40 minutes and are presented twice—first from 10:50 am to 11:30 am and then again from 11:40 am to 12:20 pm.

<table>
<thead>
<tr>
<th>WORKSHOP</th>
<th>WORKSHOP TITLE</th>
<th>PRESENTER</th>
<th>RATE PREFERENCE (1 TO 4 ONLY)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>Antidepressants in the Medically Ill</td>
<td>Dr. Sidney Kennedy</td>
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<tr>
<td>B</td>
<td>Delirium: Diagnosis and Treatment</td>
<td>Dr. David Conn</td>
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<tr>
<td>C</td>
<td>Managing Anxiety: What Can You Do Besides Prescribe an Anxiolytic?</td>
<td>Dr. Susan Abbey</td>
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<tr>
<td>D</td>
<td>Sleep and Hypnotics in the Medically Ill Patient</td>
<td>Dr. Colin Shapiro</td>
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<tr>
<td>E</td>
<td>Somatoform Disorders</td>
<td>Dr. Mateusz Zurowski</td>
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</tbody>
</table>

REGISTRATION INFORMATION

First Name (Please Print Clearly) Initial Last Name

Title / Degree(s) Company/Institution

Mailing Address

Street Suite

City Province Postal Code

Telephone Contact # Fax Email

REGISTRATION FEES
Registration Fee: (Full payment must accompany registration form)

Method of Payment:     ___ Cheque or
     ___ Money Order payable to University Health Network
(Please quote: Psych Update 2006 on memo line of cheque)

Professional Participant — $95.00 Resident — No charge

CANCELLATION AND REFUNDS:
Refund requests must be received in writing by October 3, 2006.
A $20.00 handling fee will be deducted upon cancellation.

For Information/Registration Contact
Sherene Tay
Department of Psychiatry
University Health Network, Toronto Western Hospital
399 Bathurst Street, 9 Main Pavillion, Room 324C
Toronto, ON  M5T 2S8
Phone: (416) 603-5734 Fax: (416) 603-5039
Email: sherene.tay@uhn.on.ca

ACCREDITATION
This educational event is approved as an Accredited Group Learning Activity under Section 1 of the Framework of CPD options for the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada. (4 hours)