**HOSPITAL OVERVIEW**

At Sunnybrook Health Sciences Centre, we are one of Canada’s largest and most dynamic hospitals. Our 10,000 staff, physicians and volunteers provide the best care for critical times in the lives of the 1 million patients we see each year.

Today, we specialize in caring for Canada’s war veterans, high risk pregnancies, critically-ill newborns, adults and the elderly, and treating and preventing cancer, cardiovascular disease, neurological disorders, orthopaedic and arthritic conditions and traumatic injuries. We are fully affiliated with the University of Toronto and provide learning opportunities for more than 2,000 students annually.

Sunnybrook is also a research intensive hospital. Each year, our more than 600 scientists conduct $100 million in breakthrough research.

**Grand Rounds:**

Weekly Grand Rounds

**Psychotherapy:**

SHSC also emphasizes training in psychotherapy, including cognitive behavioural, short and long–term psychodynamic, interpersonal, group, couples and family psychotherapies.

A superlative cadre of supervisors includes: Dr. E. Dubo, Dr. L. Gerber, Dr. S. Hershkop, Dr. M. Korenblum, Dr. D. Leibow, Dr. M. Leith, Dr. S. Reiter, Dr. M. Rosenbluth, Dr. F. Small, Dr. B. Stein, Dr. N. Westreich, Dr. G. Adler Nevo and Dr. M. Fefergrad, Dr. G. Chandler, Dr. N. Rector, Dr. P. Richter, Dr. N. Westreich, Dr. A. Cheung

**Research:**

Residents will have an opportunity to participate in both prospective clinical trials and retrospective chart reviews at varying levels of involvement according to their wishes and needs. We have a very active research portfolio in the department run by Dr. Neil Rector. Current areas of study include epidemiology of mental illness, genetics of mental illness, mood disorders, Obsessive Compulsive Disorder, geriatric psychiatry and adolescent psychiatry and Cognitive Behavioural Therapy.
Seminars:
SHSC provides a rich seminar program experience. While the seminars are designed to meet specific needs of either junior or senior residents, we have found that most residents attend and benefit from the spectrum of teaching activities.

These programs include the following Seminars:

1. Junior Resident Interview
2. Senior Resident Interview
3. Senior Psychotherapy
4. Formulation
5. Consultation Liaison
6. Geriatric Psychiatry
7. Psychopharmacology
8. Interpersonal Psychotherapy
9. Family Therapy
10. Grand Rounds Preparation
11. Department Chief Rounds
12. Clinical Case Conference Seminars
13. Journal Club

Supervision:

Geriatric Psychiatry: Drs. Gayla Tennen, Nathan Hermann, Ken Shulman, Mark Rapoport Carole Cohen, Ivan Silver

Medical Psychiatry: Drs. Jay Moss, Rob Jaunkalns, Gayla Tennen

Neuropsychiatry: Drs. Anthony Feinstein, Scott McCullagh

Adolescent Psychiatry: Drs. Gili Adler-Nevi, Carolyn Boulos, John Teshima, Neil Westreich, Sharon Reiter, Amy Cheung, David Kreindler, Elyse Dubo

SUNPACT (Assertive Community Treatment Team) Drs. Jay Moss, Cliff Posel

Psychiatric Emergency Services (PES): Drs. Eileen LaCroix, Jay Moss, Cliff Posel, Mark Fefergrad

Mood Disorders: Drs. Ben Goldstein, Anthony Levitt, Ayal Schaffer, Greg Chandler, Amy Cheung

Obsessive Compulsive Disorder (OCD) and related disorders: Drs. Neil Rector, Peggy Richter

Psycho-oncology: Dr. Eileen LaCroix

Teaching:

Opportunities to teach all levels of medical students in small and large group settings
**MANDATORY CORE ROTATIONS**

**PGY2 - General Hospital Psychiatry Core Rotation**

**Inpatient Supervisors:** Dr. A. Feinstein, Dr. S. Castel, Dr. L. Reznek  
**Outpatient Supervisors:** Dr. A. Schaffer, Dr. G. Chandler, Dr. E. LaCroix

This rotation seeks to introduce residents to the multiple facets of general psychiatry practice in a hospital setting. The year long experience consists of six months of inpatient training and six months of outpatient training. Learning occurs in a hospital setting replete with an extensive array of compelling patients with varying illnesses. Residents will be closely supervised and taught by a variety of excellent supervisors. An exposure to Cognitive Behavioural Therapy is built into the experience through observed assessments and treatment of patients with supervision.

Residents will also meet the Royal College requirement for longitudinal treatment of a patient with persistent and severe mental illness through supervised treatment of an ACT team patient.

This rotation meets Royal College requirements of general hospital psychiatry (inpatients and outpatients).

**Consultation Liaison Psychiatry Core Rotation (This rotation meets Royal College requirements for C-L psychiatry.)**

**Supervisors:** Dr. R. Jaunkalns, Dr. J. Moss, Dr. M. Fefergrad, Dr. G. Tennen

This rotation involves supervision on the consultation liaison (C-L) team that provides psychiatric assessment and care to the medical and surgical services, as well as a chronic veteran’s facility at Sunnybrook Health Sciences Centre. Residents receive daily supervision of C-L cases with opportunity for experience in liaison with oncology, cardiology, long-term care and our regional burn unit, regional trauma unit and moms and babies unit. Residents may also receive training in neuropsychiatric assessment and treatment of selected patients. Besides one and a half hours of supervision a day, the residents also participate in weekly case conferences/seminars with a C-L focus. Residents on this rotation may also arrange supervision in outpatient consultations in medical psychiatry.

**Geriatric Inpatient/Consultation – Liaison Blended Core Rotation (This rotation meets Royal College requirements for geriatrics and C-L psychiatry).**

**Supervisors:** Dr. K. Shulman, Geriatrics, Dr. R. Jaunkalns. C-L

This rotation is suitable for residents requiring mandatory training in geriatrics and C-L. Fundamentals for geriatric psychiatry are emphasized while the resident is introduced to a broad range of severe psychiatric disorders in the elderly. Supervision consists of four to five hours per week of direct supervision in psychogeriatric outpatient assessments and follow-ups and also includes psychogeriatric case conferences, seminars and rounds. The resident will also be part of a large consultation liaison service providing psychiatric assessment and care to acute medicine and surgery. Supervision on the C-L service consists of one and a half hours of direct supervision daily, as well as weekly case conferences and seminars.